

Clinical Characteristics of External Ocular and Periocular Infections and Their Antimicrobial Treatment Patterns Among a Ghanaian Ophthalmic Population; A Multicenter Study

Isaiah Osei Duah Junior

Department of Optometry and Visual Science, College of Science, Kwame Nkrumah University of Science and Technology, Kumasi

Michel Pascal Tchiakpe

Department of Optometry and Visual Science, College of Science, Kwame Nkrumah University of Science and Technology, Kumasi

Lawrence Sheringham Borquaye

Department of Optometry and Visual Science, College of Science, Kwame Nkrumah University of Science and Technology, Kumasi

Kwadwo Amoah

The Eye Clinic, Kumasi South Hospital, Atonsu-Agogo, Kumasi

Francis Kwaku Dzideh Amankwah

Department of Pharmaceutics, Faculty of Pharmacy and Pharmaceutical Sciences, Kwame Nkrumah University of Science and Technology, Kumasi

David Ben Kumah

Department of Optometry and Visual Science, College of Science, Kwame Nkrumah University of Science and Technology, Kumasi

Linda Aurelia Ofori

Department of Theoretical and Applied Biology, College of Science, Kwame Nkrumah University of Science and Technology, Kumasi

Anthony Danso-Appiah

Department of Epidemiology and Disease Control, School of Public Health, University of Ghana, Legon

Bright Owusu Prempeh

The Anglican Eye Hospital, Jachie

Stephen Yao Gbedema

Department of Pharmaceutics, Faculty of Pharmacy and Pharmaceutical Sciences, Kwame Nkrumah University of Science and Technology, Kumasi

Justin Munyaneza

Department of Optometry and Visual Science, College of Science, Kwame Nkrumah University of Science and Technology, Kumasi

Cynthia Amaning Danquah

Department of Pharmacology, Faculty of Pharmacy and Pharmaceutical Sciences, Kwame Nkrumah University of Science and Technology, Kumasi

Kwadwo Owusu Akuffo (✉ koakuffo@gmail.com)

Department of Optometry and Visual Science, College of Science, Kwame Nkrumah University of Science and Technology, Kumasi

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Abstract

Empirical antimicrobial therapy is linked to a surge in antimicrobial resistant infections. However, an insight on the bacteria etiology of ocular infections is essential in the appropriation of choice of antimicrobial among clinicians, yet there remains a dearth of data from Ghana. We investigated the bacteria etiology of external ocular and periocular infections and antimicrobial treatment patterns among a Ghanaian ophthalmic population. A multicenter study design with purposive sampling approach was employed. Patients demographics and clinical data were collated using a pretested structure questionnaire. Cornea specimens and conjunctival swabs were obtained for bacteriological investigations following standard protocols. About 95% (98/103) of ocular samples were positive for bacteria culture. The proportion of Gram-negative bacteria was 58.2%, and the predominant bacteria species were *Pseudomonas aeruginosa* 38.8% and *Staphylococcus aureus* 27.6%. Conjunctivitis 40.0% and keratitis 75.0% were mostly caused by *Pseudomonas aeruginosa*. The routinely administered antimicrobial therapy were polymyxin B 41.2%, neomycin 35.1% and ciprofloxacin 31.6%. Participants demographic and clinical characteristics were unrelated with positive bacteria culture ($p > 0.05$). Our results showed a markedly higher burden of ocular bacterial infections and variations in etiology. Bacterial infection-control and antimicrobial agent management programs should be urgently institutionalized to prevent the emergence of resistant infections.

Background

Globally, eye infections of bacteria origin remain a significant contributor to ocular morbidity and blindness, and the burden is increasing^{1,2}. Further, results from ocular microbial studies across different populations show no obvious pattern in prevalence estimates (ranging from 21.8–82.5%) across Africa^{2–12}, Asia^{13–20}, Australia^{21,22}, Europe^{23–25} and North America²⁶. Similarly, the bacterial etiology specifically proportion and nature of Gram bacteria as well as the species of bacteria commonly implicated in ocular and periocular infections vary across geographical regions and settings^{2–13,15–20,22,24–26}.

Anatomically, the eye is divided into three tunics: the outer (conjunctiva, sclera, cornea), middle (lens, ciliary body, iris), and inner (retina) coats. The tear film contains innate defenses such as bacteriocin, beta-lysin, lipocalin, lysozymes, immunoglobulins (Ig A, Ig G, Ig M), lactoferrins, and with antimicrobial effect against pathogenic strain of microorganisms. The external milieu of the eyes serves as a biome for pathogenic and non-pathogenic organisms. Naturally, antimicrobial constituents within the tear film prevent opportunistic microbes from causing any infections to the eyes. Dysregulation of the homeostatic balance as a result of trauma, contact lens wear, surgery, use of topical antibiotics, and reduced systemic immunity predisposes the eyes to opportunistic pathogens such as bacteria, fungi, virus, and protozoa. However, among these microbes, bacteria are commonly implicated in external ocular and periocular infections²⁷. Based on the exterior region affected; external ocular infections can be classified as blepharitis, conjunctivitis, keratitis, dacryocystitis, preseptal and orbital cellulitis^{28–30}, thus eyelids, conjunctiva, cornea, lacrimal sac, pre and post-septal areas are respectively involved.

These infections are usually treated with antimicrobial agents with varying modes of action. The gold standard treatment for ocular infections starts with culture and sensitivity testing to identify the causative organism and subsequent administration of narrow-spectrum antibiotic therapy³¹. Consequently, as a result of resource limitation and unavailability of testing facilities most clinicians; including eye care professionals engage in empirical treatments with broad-spectrum antimicrobials³². The irrational and prolonged use of broad-spectrum antibiotics in treating eye infections could alter the genetic makeup of ocular bacteria and consequently lead to antimicrobial resistance³³.

Ocular antimicrobial resistance is a growing public health threat in both advanced and developing countries. In the developed world nationwide surveillance programs have been institutionalized to monitor ascendancies in the antimicrobial resistance curve and subsequently tackle it. Among these nationwide surveillance programs include Ocular Tracking Resistance in the US Today (Ocular TRUST)³⁴, and Antibiotic Resistance Monitoring in Ocular Microorganisms (ARMOR)³⁵, European Antimicrobial Resistance Surveillance System³⁶, and Swedish Strategic Programme for the Rational Use of Antimicrobial Agents and Surveillance of Resistance³⁷. However, in developing countries such as Ghana, aside from the limited accessibility to a national antimicrobial policy, there are compromise regulatory measures and poor adherence to the use of antibiotics³⁸.

Multidrug resistance (MDR) is gradually gaining attention in mainstream medicine and public healthcare generally, as it renders antimicrobial agents inefficacious against pathogenic strains of bacteria. MDR causes delays in treatment and recoveries, rise in cost of therapy as well as increase in hospitalization time^{39–41}. In a nationwide laboratory based surveillance studies in Ghana, Opintan et al reported over 70% prevalence of MDR against antibiotics commonly used in treating infections in Ghana⁴². This finding was consistent with studies conducted in the People's Republic of China^{43,44}, Italy⁴⁵, and Ethiopia¹² which showed similar increasing trends. Consequentially, without drastic measures, it is estimated that the world will experience over 10 million annual AMR-related deaths hence it has become imperative to devise ammunitions to curb the situation⁴⁶. Importantly, a decline in ocular MDR will result in increased life expectancy as ocular resistance infections and associated blindness induce mortality.

There is a paucity of data on the prevalence and bacteria etiology of ocular infections in Ghana^{9,27}. Furthermore, earlier microbiological investigations in Ghana did not exquisitely focus on ocular infections and associated microbes^{42,47–49}. The absence of country-specific contemporary estimates limits the modeling of future scenarios, and assumptions with unreliable data and/or making decisions with evidence from other countries is of questionable utility given the geographic differences. An insight on bacteria etiology of ocular infections presented by Ghanaian patients is critical for desirable choice of antibiotic therapy by clinicians. Therefore, the study aims to investigate the bacteria etiology of external ocular and periocular infections, and antimicrobial treatment patterns among a Ghanaian ophthalmic population. The isolates recovered from ocular specimen will aid future antibiotic sensitivity studies and also serve as a gateway for exploration of local medicinal plants as alternative therapeutic agents.

Results

Description of the sample

Table 1 presents the sociodemographic, socioeconomic and healthcare status characteristics of the study participants. Out of the 114 patients presenting with external ocular and periocular infections, majority were females (56.1%), of median age of 17.0 (Interquartile range; 29.75) years (Table 1). The majority of the participants were aged 3-17 years (29.8%), of Akan tribe ethnicity (93.0%), and with a protestant religion (80.7%). Most of them lived in a rural community (59.6%), with their highest education level being primary (33.6%) and major occupation as students (43.9%). An equal proportion were single (21.2%) and married (21.2%) and the remaining either cohabiting (3.5%), divorced (2.7%), widow (1.8%) or separated (0.9%). A preponderance of participants never smoked (52.6%), and with a significantly higher average alcohol intake in males compared to females ($p = 0.027$). Approximately 6% had hypertension and an equal proportion had diabetes (4.4%) and peptic ulcer (4.4%). The number of patients on antihypertensive, antidiabetic and antibiotic medications were 5.3%, 3.5% and 3.5%, respectively.

Clinical characteristics of external ocular and periocular infections among study participants

Table 2 shows the clinical characteristics of external ocular and periocular infections among study participants. Most presented with both eyes infected (66.7%) with the conjunctiva (94.7%) as the commonest affected site. The majority of the participants had previously used antimicrobials (55.8%) and have had previous eye infections (45.1%), and with duration of infection less than one-week (63.7%). There was a variation between males and females in terms of previous ocular trauma ($p = 0.023$) and previous use of mascara ($p = 0.015$). With respect to monocular visual acuity, majority had right eye visual acuity better than 6/18 (63.8%) and with a fewer having visual acuity worse than 6/60 (2.6%). Most had a left visual acuity within the ranges 6/5-6/6 (67.5%) and fewer proportion (1.8%) having visual acuity better than 6/60 but worse than 6/24. The commonest presenting symptom was hyperemia/redness (69.3%), followed by discharge, (62.3%) itching (60.5%), eye pain (50.9%) and a smaller fraction having falling lashes (0.9%). Majority received a minimum of two antibiotics for treatment of infections (40.4%) and with a fewer portion (7.9%) having other treatment other than antibiotics. The proportion of clinical presentations were conjunctivitis (60.5%), keratoconjunctivitis (11.4%), blepharoconjunctivitis (9.6%), keratitis (7.9%), ocular trauma (6.1%), hordeolum (2.6%), Preseptal cellulitis (0.9%) and ophthalmia neonatorum (0.9%). Other associated conditions were dry eyes (10.5%), headaches (5.3%), pterygium (4.4%) and pinguecula (0.9%). The commonly used antimicrobial therapeutics were polymyxin B (41.2%), neomycin (35.1%) and ciprofloxacin (31.6%) and fewer instances gentamycin (2.6%) and ofloxacin (1.6%) as shown in Table 3.

Bacteria etiology of external ocular and periocular infections among study participants

One hundred and three (103) ocular specimens were enrolled for bacteriological investigation, 98 (95.1%) were culture positive, no mixed cultured was identified (Please see Table 3). The proportion of Gram-negative bacteria was 58.2% with *Pseudomonas aeruginosa* (38.8%) and *Pseudomonas putida* (11.2%) being the predominant species. Conversely, the prevalence of Gram-positive bacteria was 41.8%, with a preponderance of bacteria pathogens being *Staphylococcus aureus* (27.6%) and *Coagulase negative staphylococci*, *CONS* (13.3%). The commonest strains of bacteria pathogens isolated from conjunctivitis were *Pseudomonas aeruginosa* (40.0%), *Staphylococcus aureus* (21.8%) and *Pseudomonas putida* (16.4%). Similarly, *Pseudomonas aeruginosa* (41.7%) and *Staphylococcus aureus* (33.3%) were frequently identified in cases of keratoconjunctivitis. *Staphylococcus aureus* (100.0%) was the sole organism implicated in cases of preseptal cellulitis, whereas most cases of keratitis was caused by *Pseudomonas aeruginosa* (75.0%) as shown in Table 4.

Factors associated with external ocular and periocular infections

Table 5. shows logistic regression analyses of the association between patients' demographics, clinical characteristics and prevalence of bacterial infection. None of the factors was significantly associated with prevalence of bacterial infections ($p > 0.05$).

The novel study for the first time aims to investigate the bacteria etiology of external ocular and periocular infections and antimicrobial treatment patterns among a Ghanaian ophthalmic population. About 95% of the culture were positive for bacteria pathogens, and with the predominant class of bacteria being Gram negatives. *Pseudomonas aeruginosa* and *Staphylococcus aureus* were the commonly isolated bacteria species and with the former frequently isolated in cases of conjunctivitis and keratitis. The commonly used antimicrobial therapy in the clinical management of eye infections in these facilities were polymyxin B, neomycin and ciprofloxacin.

Bacteria ocular and periocular infections pose health challenges owing to associated morbidity and blindness. Globally, the burden of bacteria eye infections is higher especially in lower-and-middle income countries including Ghana²⁻⁴. Though microscopic, the wide biodiversity of bacteria pathogens makes it burdensome for ophthalmic clinicians and physicians when selecting appropriate antibiotic therapy in routine clinical management of ocular and periocular infections. Previously, authors from several geographical jurisdictions have investigated the burden and etiology of bacteria eye infections, however, outcomes from these studies varied considerably^{13-15,18,20,25,26}. The prevalence estimates of medical conditions such as bacteria ocular and periocular infections are critical in informing eye care service delivery and in the development of policies to strengthen eye care practices yet there is presently limited ophthalmic data to propagate such transitions within the Ghanaian context. Importantly, gaining insight on bacteria etiology implicated in cases of external ocular and periocular infections within the Ghanaian population is essential to guide clinicians in the appropriate choice of antimicrobial therapy. Nonetheless there is paucity of data in this regard.

Overall, the prevalence of bacteria ocular and periocular infections found in this study was 95.1%. Our results are comparable with studies in Ethiopia⁵⁰, Saudi Arabia⁵¹, Italy²⁵ and United states of America²⁶. In a cross-sectional study in Ethiopia, Tesfaye et al. reported a prevalence of 74%⁵⁰. Similarly, a study by Shahaby and colleagues utilizing participants from a university clinic in Saudi-Arabia found more than two thirds of ocular specimens harboring bacteria pathogens⁵¹. Likewise, an observational case series conducted in Italy by Papa and coworkers, revealed that the proportion of bacterial infections was estimated at 72.5%²⁵. Furthermore, in a prospective observational study among patients undergoing cataract surgery in the USA, Ta et al. showed that almost eight of every ten ocular specimen obtained from patients eyes had a bacteria etiology²⁶. On the one hand, estimates from the present study is significantly

higher and varies substantially compared to studies in China ^{13,18}, Iran ²⁰, South Korea ¹⁴ and Nepal ¹⁵ with prevalence estimates far lower than 50% ^{13-15,18,20}. Although geographical settings, study population, seasonality and laboratory procedures could account for such variations as reported earlier, a plausible reason for our observation may be attributable to the fact that our study unlike previous investigations enrolled patients from multiple eye care facilities hence the burden of infections maybe summative. Another reason is that majority of our study participants were rural dwellers with sanitation in such areas usually problematic compared to inhabitants in urban vicinities.

We observed a slightly higher proportion of Gram-negative bacteria compared to Gram positives as etiological agent in our study. This findings contrast with studies from China ¹³, Ethiopia ¹¹, Saudi-Arabia ¹⁶, Uganda ⁴ and United States of America ²⁶ where Gram negatives were found to be significantly lower compared to Gram positive bacteria and with proportional estimates of ranging from six to ten percent ^{4,11,13,16,26}. Conversely, the proportionate distribution of Gram negatives to positive bacteria found in this study are parallel with results from several existing literatures ^{2,5,8,10}. For example, among the various ocular microbiology investigations conducted across Ethiopia, by Ayebubizu et al. ⁵, Belyhun et al. ², Assefa et al. ¹⁰ as well as Getahun and colleagues ⁸ the proportionate distribution of Gram-negatives were similar to Gram positives. Of note, whereas the magnitude of Gram-negative bacteria etiology found in Australia ²¹, Iran ²⁰ and Italy ²⁴ were not equivalent to our findings as well as studies in parts of Ethiopia, the proportion estimates reported were relatively higher. There exist regional variations in the patterns of distribution of Gram-negative bacteria, however, the higher prevalence in our study are ascribed to hygiene as the primary mode of transmission of these enteric bacteria are through oral-fecal contamination. Specifically, we observed during data collection that most patients repeatedly clean ocular discharges with either bare hands or face handkerchief, hence predisposes eyes to contamination by fecal contaminants. Additionally, majority of our study subjects were either in preschool and/or primary hence prone to eye contamination through outdoor gaming activities in school. A considerably higher proportion of the study participants were below two years, and these age categories frequently experience oral-ocular contamination through inserting hands in mouth and touching of eyes thereafter which may have accounted for the increasingly abundance of Gram negative bacteria than positives in our study.

The predominant bacteria species found in our study were *Pseudomonas aeruginosa* and *Staphylococcus aureus*. Although, *S. aureus* was second only to *P. aeruginosa* as the frequently isolated bacteria pathogen, however, it remains the most abundant Gram positive bacteria isolate from all obtainable ocular specimen in our study. This finding are consistent with studies in India ¹⁹, Italy ²⁴, Nigeria ⁵², and Ethiopia ^{4,8,12}. The occurrence of ocular infections with *S. aureus* etiology may be due to frequent touching of eyes with filthy hands among study subjects. The incidence of *Pseudomonas aeruginosa* in eye infections are mostly linked with the wearing of contact lens nonetheless we observed an inverse trend in our study. The blinding risk factor associated with *Pseudomonas aeruginosa* ocular infections underscores the promotion of contact lenses as an alternative to spectacle glasses in vision correction and/or cosmesis. Importantly *Pseudomonas aeruginosa* are opportunistic pathogens with devastating consequences on the ocular tissues. Specifically, they induce cornea infiltration and ulcerative keratitis when improperly managed by clinicians. Further, the conjunctiva and cornea are in close proximity landmarked by the limbus, hence pathogens of the conjunctiva can easily spread to the cornea during physiological blinking or mechanical rubbing of the eyes. Given the predominance of *Pseudomonas aeruginosa* in cases of conjunctivitis and keratitis warrants the need for clinicians to probe for other proxy predisposing factors other than relying solely on contact lenses etiology in most instances.

The commonly administered antimicrobial therapy found in this study were Polymyxin B, neomycin and ciprofloxacin. Polymyxin B is a nonribosomal peptidic antimicrobial agents used mostly in the treatment of Gram-negative infections. In particular, they exert their bactericidal effect by binding to phosphate residues within the lipopolysaccharides cell wall to induce displacement of divalent magnesium and calcium cations known to maintain membrane stabilizing properties of Gram-negative bacteria. Consequently, the intrinsic mechanism of action primarily causes an increase in cell membrane permeability resulting in a direct loss of cytoplasmic cell contents. Furthermore, they act synergistically with beta-lactam antibiotics by exposing the peptidoglycan machinery of these Gram negatives for which the latter act on ⁵³. On the contrary as an aminoglycoside neomycin actively inhibits protein synthesis of bacteria by insurmountably binding to the 16S ribosomal RNA as well as 50S ribosomal subunits of susceptible class of Gram bacteria ^{54,55}. Similarly, ciprofloxacin a fluoroquinolone prevents bacteria DNA replication by terminating the action of the reaction enzymes DNA topoisomerase IV and DNA gyrase. The ensued effect is suicidal against Gram negatives as well as mixed bacteria culture ⁵⁶. Altogether, the frequent use of the aforementioned antibiotic agents in clinical management of ocular and periocular eye infections in our study are concordant with the laboratory results which identified Gram negatives as the predominant bacteria isolates.

Of note, the study has several strengths worth highlighting. The study presents a preliminary and most recent data on bacterial etiology of external ocular and periocular infections among ophthalmic patients in Ghana. Although, we recommend future ocular antibiotic sensitivity studies in this setting, however, in light of the present evidence on the bacterial isolates implicated in eye infection are essential in assisting ophthalmic clinicians in their choice of antibiotic therapy. Moreover, unlike previous studies^{2,7,57} the present investigation utilized sample from multiple sites which underscores the selection bias usually associated with the convenience sampling approach which the study employed. On the contrary, owing to resource limitation the study could not performed direct fluorescent antibody test and/or Giemsa staining to investigate infections of *Chlamydia trachomatis* etiology. Our prevalence may have been underestimated as a considerable number of our patients where preschoolers whose uncooperative nature denied researchers from taking ocular swabs for bacteriological analyses.

Conclusion

The prevalence of positive bacteria culture from external ocular and periocular infections was approximately 95%. Gram-negative organisms were commonly implicated and with *Pseudomonas aeruginosa* and *Staphylococcus aureus* as the predominant causative bacteria. Clinical presentations of conjunctivitis and keratitis infections were mostly caused by *Pseudomonas aeruginosa* and with polymyxin B, neomycin and ciprofloxacin as the frequently administered antimicrobial therapy. Given the higher burden of ocular bacterial infections, measures (infections control program and antimicrobial agent management

program) should be institutionalized to prevent emergence of resistant strains. We recommend future studies to focus on investigating into the potential antibiotic resistances infections within the Ghanaian ophthalmic population.

Methods

Study design, setting and population

A multi-center study was conducted among patients suspected of external ocular and periocular infections in three health facilities in Ghana, namely Anglican Eye Hospital, Jachie; St. Michaels Hospital, Pramso; and Kumasi South Hospital, Agogo from July 18, 2021 to September 18, 2021. Cornea scrapings and conjunctival specimens were obtained from infected eyes for bacteriological investigation together with collation of patients sociodemographic and clinical characteristics with a pretested structured questionnaire.

Study setting

The Anglican Eye Hospital (AEH), St. Michaels Hospital (SMH) and Kumasi South Hospital (KSH) were selected for the study primarily because of their higher out-patient-department (OPD) turnout and the anticipation of meeting our sample size target within the shortest time possible, as well as their wide catchment area and rural/urban interactions. The AEH and SMH are located in Bosomtwe; a rural district in Ghana whilst KSH is situated in the Asokwa municipal area, an urban settlement in the Ashanti Region of Ghana. All the facilities have either a permanent/visiting ophthalmologist, optometrists, ophthalmic nurses and opticians. All the facilities provide comprehensive eye services which range from case history, visual acuity assessment, refraction, dispensing of refractive glasses, management of anterior and posterior segment pathologies, prescribing of medications and performing scheduled surgeries. SMH and KSH, serve as immediate referral hospitals for the surrounding private and polyclinics. However, all clinical emergencies to the Komfo Anokye Teaching Hospital, the only tertiary health facility in the region. These facilities lack microbiology laboratory hence clinicians employ empirical approaches in their routine diagnosis and management of external ocular and periocular infections.

Study population and sampling

The study population involved patients who sought ophthalmic treatments/ services for external ocular and periocular infections at the eye clinics of the Anglican Eye Hospital, Jachie; St Michaels Hospital, Pramso; and the Kumasi South Hospital from July 18 to September 18, 2021. Patients presenting with signs and symptoms of external ocular and periocular infections were recruited for the study following a consent (and assent for minors). Patients reporting solely for optical correction, or participants on systemic/topical antibiotics or have performed ocular surgery in the last one week were excluded. A purposive sampling approach was used to recruit one hundred and fourteen (114) eligible subjects.

Study variables

The independent variables for this study were participants' sociodemographic factors; age, sex, ethnicity, religion, facility, socioeconomic; residence, highest level of education, occupation, marital status, health status; smoking habits, alcohol intake, systemic medical conditions and clinical characteristics (eyes affected, site of the eyes affected, risk factors, patient presenting symptoms) whereas the outcome/dependent variable was prevalence of bacteria ocular and periocular infections. Participants were assessed and clinical presentations classified based on operational terms reported previously⁷, and antimicrobial treatments documented accordingly.

Operational definitions

Blepharitis in the study was characterized by gritty itchy sore eyes, with crusting and/or collarrates around the base of the eyelashes coupled with clogging of the Meibomian gland, loss of eyelashes and with demodex conjunctivitis. Conjunctivitis was defined as conjunctival lesion delineated by hyperemia, chemosis, whitish tint purulent discharge and hemorrhage. Blepharconjunctivitis presented as redness of the eye, with dry scaly eyelids and ensuing symptoms of itchiness and burning sensation. In keratoconjunctivitis, cornea and conjunctiva were implicated with complaints of dryness, itching and mucous discharge. Keratitis was defined as lesion of the cornea with characteristic cornea edema, cellular infiltration, pain, redness, photophobia and ciliary injection. Hordeolum was defined swelling and tenderness of the eyelid with acute pain, photophobia and mild epiphora. Ophthalmia neonatorum is a neonatal conjunctivitis presented within the first 28 days of life with signs of eyelid edema, erythema and purulent discharge. Preseptal and orbital cellulitis showed similar features of painful swelling and/or tenderness of the eyelid with the later distinguished from the former by decreased vision and pain on eye motility.

Data collection

Sociodemographic and clinical data

The patients sociodemographic, socioeconomic, and health status variables were gathered by the principal investigator and a trained research assistant using a pre-tested structured questionnaire. A comprehensive vision assessment including visual acuity, slit lamp biomicroscopy, and ophthalmoscopy was performed by a registered optometrist on all study participants. Subsequently, patient medical history, primary and secondary diagnosis, and antimicrobial therapy prescribed were extracted using a data collection form.

Specimen collection and transport

Overall, 103 ocular specimens were obtained from the eyes of patients with external ocular and periocular infections following aseptic procedures. With the patient eyes in an upward position of gaze conjunctival specimen were obtained by gently rolling a moistened saline cotton bud over the lower tarsal plate of the eyelids and fornix of the conjunctiva in repeated strokes, thus from nasal to temporal and vice versa. Samples from corneal ulcer and keratitis infections

were obtained utilizing a modified version of an original protocol described previously⁸. Briefly, using slit-lamp biomicroscopy, and under topical local anesthesia (1-2 drops of 0.5% fresh proparacaine), edges of the ulcer were firmly scraped^{8,9,19}. On the contrary, none of the patients in our study presented with dacryocystitis and/or blepharitis hence a puncture and/or aspiration of the lacrimal sac as well as swabbing on the eyelids were not undertaken. The swabs were subsequently kept in a sterile freshly prepared nutrient broth and transported from the study site to the Microbiology Laboratory of the Faculty of Pharmacy and Pharmaceutical Sciences, Kwame Nkrumah University of Science and Technology for further microbial investigation.

Laboratory methods

Culture and identification of bacteria pathogens

All specimen obtained were initially inoculated on a Nutrient agar and incubated at 37°C for 24 hours and plates examined for growth afterwards. Plates with microbial growth were transferred onto various differential and selective media for preliminary isolation and identification. Specifically, bacteria were cultured on a Mannitol Agar, MacConkey Agar, Bismuth sulphite (all from Oxoid Ltd. Basingstoke, Hants United Kingdom brand), Cetrimide agar (HiMedia Laboratories Pvt. Ltd Mumbai, India), 5% sheep Blood and Chocolate agars and incubated for 24 hours. Of note, with the exception of 5% blood and chocolate agars which were kept under anaerobic conditions, an aerobic atmosphere was maintained for all other differential agar media used. Conversely plates with no growth were re-incubated for additional 48 hours and consequently counted negative if no growth pattern appeared. In addition, microbial growth on differential media was again sub-cultured on a nutrient agar to obtain pure colonies and subsequently subjected to further phenotypic identification specifically colony morphology, Gram stain, colony morphology and biochemical analyses. Gram-positive bacteria isolates were characterized using coagulase, catalase and bacitracin tests, whereas Gram-negative bacteria were differentiated using citrate utilization, lysine decarboxylase agar, indole and urease tests as well as triple sugar iron agar^{31,58,59}. Details of the methodology are summarized in Figure 1.

Quality assurance and control

The questionnaires employed to gather the sociodemographic and clinical data were pretested at the Anglican Eye Hospital and revised accordingly following their feedback. Questionnaires were written in English and administered by the principal investigator and a trained research assistant. On the one hand, questionnaire was explained in local dialect for study subjects who could not comprehend instructions in English language. The data from study was double checked for accuracy and completeness. At the facility, all test tubes with ocular samples were well-labeled to avoid any mismatched. The laboratory reagents and culture media for the experiments were checked for expiry dates, and sterility control performed to ascertain the integrity of the media such as free from contamination. The media performance and/or functionality assessment was conducted using the American Type Culture Collection (ATCC) Standard Reference Strains. Specifically, *Escherichia coli* ATCC 25922; *Pseudomonas aeruginosa* ATCC 4853; *Staphylococcus aureus* ATCC 25923.

Data protection and management

The hardcopy version of the filled questionnaires was kept under lock and key and accessible only to the principal investigator and research advisor. Similarly, the softcopy of the non-aggregated dataset was protected using an alphanumeric stringed password. The research report presented to the respective facilities and for publication purposes were aggregated hence individual study participants could not be traced.

Ethical Consideration

To undertake this study a hierarchical ethical consideration protocols were followed. A written permission was sought from the authorities of the Anglican Eye Clinic, St. Michaels Hospital, and Kumasi South Hospital. The study protocol was then approved by the Committee on Human Research, Publication and Ethics (CHRPE), of the Kwame Nkrumah University of Science and Technology and the Komfo Anokye Teaching Hospital (Reference number: CHRPE/AP/282/21). Written informed consent was obtained from adult participants and for minors a written informed consent was taken from caregivers after study protocol was fully explained to the best of their comprehension. The study adhered to the tenets of the declaration of Helsinki⁶⁰, and all laboratory procedures performed in accordance to the Clinical Laboratory Standard Institute guidelines, CLSI⁶¹.

Statistical analysis

Data was entered and managed in Microsoft Excel and further exported into Statistical Package and Service Solution version (IBM Corporation IBM® SPSS® Statistics for Windows, version 25.0 Armonk, NY) compatible with windows. Normality assessment was performed using the Kolmogorov Smirnov statistic. The demographics, socioeconomics, health status and clinical characteristics of the sample were presented and difference between males and females tested with chi-square analysis. Clinical diagnosis, cultural status and antimicrobial treatments were presented in cross tabulations using frequencies and percentages. Association between sample characteristics and prevalence of bacterial infections were investigated using bivariate logistic regression at a significance set at $p < 0.05$.

Abbreviations

AEH: Anglican Eye Hospital, **AMR:** Antimicrobial Resistance, **ARMOR:** Antibiotic Resistance Monitoring in Ocular Microorganisms, **CHAG:** Christian Health Association of Ghana, **CHRPE:** Committee on Human Research Publication and Ethics, **CIP:** Ciprofloxacin, **CLSI:** Clinical Laboratory Standard Institute Guidelines, **CONS:** Coagulase Negative Staphylococci Species, **COR:** Crude Odds Ratio, **DNA:** Deoxyribonucleic acid, **FX:** Flucoxacin, **KSH:** Kumasi South Hospital, **GTM:** Gentamycin, **MDR:** Multi Drug Resistance, **RFR:** Referral, **PoB:** Polymyxin B, **NM:** Neomycin; **TBM:** Tobramycin; **TX:** tetracycline, **OXT:** Oxytetracycline, **OFC:** Ofloxacin; **RNA:** Ribonucleic acid, **SMH:** St Michaels Hospital

Declarations

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Authors' contribution

I.O.D.J.: Conceptualization; Experimental design; Data curation; Visualization; Methodology; Investigation, Software, Formal analysis; Writing original draft; Writing – review and editing. **T.M.P.**: Project administration; Resources; Supervision, Writing- reviews and editing. **L.S.B.**: Project administration; Resources; Conceptualization; Methodology; Supervision; Writing original draft, writing – review and editing. **K.A.**: Project administration; Resources; writing – review and editing. **F.K.D.A.**: Project administration; Resources; Methodology; writing – review and editing. **D.B.K.**: Resources; Writing – review and editing, **L.A.O.**: Resources; Writing – review and editing. **A.D.A.**: Resources; Writing – review and editing. **B.O.P.**: Methodology; Resources; Writing – review and editing. **S.Y.G.**: Resources; Writing – review and editing. **J.M.**: Resources; Writing – review and editing. **C.A.D.**: Resources; Writing – review and editing. **K.O.A.**: Methodology; Data curation; Resources; Writing original draft; Writing reviews and editing. All authors have read and approved the manuscript.

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Availability of data materials

All relevant data and materials supporting the conclusion of this article is/are available within the manuscript and its supporting information files.

Ethical Consideration

To undertake this study a hierarchical ethical consideration protocols were followed. A written permission was sought from the authorities of the Anglican Eye Clinic, St. Michaels Hospital, and Kumasi South Hospital. The study protocol was then approved by the Committee on Human Research, Publication and Ethics (CHRPE), of the Kwame Nkrumah University of Science and Technology and the Komfo Anokye Teaching Hospital (Reference number: CHRPE/AP/282/21). Written informed consent was obtained from adult participants and for minors a written informed consent was taken from caregivers after study protocol was fully explained to the best of their comprehension. The study adhered to the tenets of the declaration of Helsinki⁶⁰, and all laboratory procedures performed in accordance to the Clinical Laboratory Standard Institute guidelines, CLSI⁶¹.

Consent for publication

Not applicable

Competing interests

All authors declare no competing interests.

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Tables

Table 1: Description of the sample

Variables	Total (N =114)	Males (N =50, 43.9%)	Females (N =64, 56.1%)		
	% (frequency)	% (frequency)	% (frequency)	<i>p-value</i> for linearity	
Demographic characteristics					
Age group (years)					
0 - 2	21.1 (24)	20.0 (10)	21.9 (14)	0.948	
17-Mar	29.8 (34)	32.0 (16)	28.1 (18)		
18 - 39	27.2 (31)	28.0 (14)	26.6 (17)		
≥40	21.9 (25)	20.0 (10)	23.4 (15)		
Ethnicity [‡]					
Akan	93.0 (106)	90.0 (45)	95.3 (61)	0.271	
Northerner	7.0 (8)	10.0 (5)	4.7 (3)		
Religion					
Catholic	13.2 (15)	22.0 (11)	6.3 (4)	0.041	
Protestant	80.7 (92)	76.0 (38)	84.4 (54)		
Muslim	4.4 (5)	2.0 (1)	6.3 (4)		
Atheist	1.8 (2)	0.0 (0)	3.1 (2)		
Socioeconomic characteristics					
Residence					
Rural	59.6 (68)	60.0 (30)	59.4 (38)	0.946	
Urban	40.4 (46)	40.0 (20)	40.6 (26)		
Highest level of education					
None	4.4 (5)	4.0 (2)	4.8 (3)	0.943	
Preschool	13.3 (15)	12.0 (6)	14.3 (9)		
Primary	33.6 (38)	30.0 (15)	36.5 (23)		
Secondary	29.2 (33)	32.0 (16)	27.0 (17)		
Tertiary	8.0 (9)	10.0 (5)	6.3 (4)		
Not applicable*	11.5 (13)	12.0 (6)	11.1 (7)		
Occupation					
Farming	4.4 (5)	6.0 (3)	3.1 (2)	0.092	
Wage/Salary worker	7.0 (8)	6.0 (3)	7.8 (5)		
Construction worker	2.6 (3)	6.0 (3)	0.0 (0)		
Dressmaking	1.8 (2)	0.0 (0)	3.1 (2)		
Driver/Transport business	2.6 (3)	6.0 (3)	0.0 (0)		
Businessman/woman	5.3 (6)	4.0 (2)	6.3 (4)		
Welding	1.8 (2)	4.0 (2)	0.0 (0)		
Trading	8.8 (10)	4.0 (2)	12.5 (8)		
Beautician	1.8 (2)	0.0 (0)	3.1 (2)		
Hairdressing	2.6 (3)	2.0 (1)	3.1 (2)		
Student	43.9 (50)	46.0 (23)	42.2 (27)		
Unemployed	5.3 (6)	2.0 (1)	7.8 (5)		
Not applicable*	12.3 (14)	14.0 (7)	10.9 (7)		
Marital status					
Not applicable*	48.7 (55)	50.0 (25)	47.6 (30)		0.936

Single	21.2 (24)	24.0 (12)	19.0 (12)	
Married	21.2 (24)	18.0 (9)	23.8 (15)	
Cohabiting	3.5 (4)	4.0 (2)	3.2 (2)	
Divorced	2.7 (3)	2.0 (1)	3.2 (2)	
Separated	0.9 (1)	0.0 (0)	1.6 (1)	
Widow	1.8 (2)	2.0 (1)	1.6 (1)	
Health status variables				
Smoking habits				
Not applicable*	44.7 (51)	46.0 (23)	43.8 (28)	0.237
Never smoked	52.6 (60)	48.0 (24)	56.3 (36)	
Past smoker	1.8 (2)	4.0 (2)	0.0 (0)	
Current smoker	0.9 (1)	2.0 (1)	0.0 (0)	
Alcohol intake habits				
Not applicable*	43.9 (50)	42.0 (21)	45.3 (29)	0.054
I never drink	46.5 (53)	40.0 (20)	51.6 (33)	
I drink only on special occasions	7.9 (9)	14.0 (7)	3.1 (2)	
I drink once or twice a week	1.8 (2)	4.0 (2)	0.0 (0)	
Average alcohol consumption per week				
None	90.4 (103)	82.0 (41)	96.9 (62)	0.027
1 unit	6.1 (7)	12.0 (6)	1.6 (1)	
2-5 unit	3.5 (4)	6.0 (3)	1.6 (1)	
Medical history				
Diabetes	4.4 (5)	2.0 (1)	6.3 (4)	0.272
Hypertension	6.1 (7)	4.0 (2)	7.8 (5)	0.4
Tuberculosis	0.9 (1)	0.0 (0)	1.6 (1)	0.375
Sexually transmitted diseases	0.9 (1)	2.0 (1)	0.0 (0)	0.256
Peptic ulcer	4.4 (5)	2.0 (1)	6.3 (4)	0.272
Others	2.6 (3)	6.0 (3)	0.0 (0)	0.047
Is condition ongoing				
Not applicable*	80.7 (92)	82.0 (41)	79.7 (51)	0.915
No	2.6 (3)	2.0 (1)	3.1 (2)	
Yes	16.7 (19)	16.0 (8)	17.2 (11)	
Are you currently taking any medication				
No	82.5 (94)	82.0 (41)	82.8 (53)	0.91
Yes	17.5 (20)	18.0 (9)	17.2 (11)	
Class of medications				
Antibiotic	3.5 (4)	6.0 (3)	1.6 (1)	0.201
Antidiabetic	3.5 (4)	2.0 (1)	4.7 (3)	0.439
Antihypertensive	5.3 (6)	4.0 (2)	6.3 (4)	0.593
Antimalarial	0.9 (1)	0.0 (0)	1.6 (1)	0.375
Anticholesterol	0.9 (1)	2.0 (1)	0.0 (0)	0.256
Others	7.9 (9)	8.0 (4)	7.8 (5)	0.971

*, Under age; %, percentage frequency; †northerner is a collective name for all ethnic group in the northern region of Ghana

Table 2: Clinical characteristics of external ocular and periocular infections among a Ghanaian ophthalmic population

	Total (N =114) % (frequency)	Males (N =50, 43.9%) % (frequency)	Females (N =64, 56.1%) % (frequency)	<i>p</i> -value for linearity
Eyes affected				
Right eye; oculus dexter	16.7 (19)	22.0 (11)	12.5 (8)	0.369
Left eye; oculus sinister	16.7 (19)	14.0 (7)	18.8 (12)	
Both eyes; oculus uterque	66.7 (76)	64.0 (32)	68.8 (44)	
Site of eye affected				
Eyelid/eye lashes	20.2 (23)	22.0 (11)	18.8 (12)	0.668
Conjunctiva	94.7 (108)	92.0 (46)	96.9 (62)	0.247
Cornea	18.4 (21)	26.0 (13)	12.5 (8)	0.065
Risk factors				
Previous eye infections	45.1 (51)	44.0 (22)	46.0 (29)	0.829
Previous use of antimicrobials	55.8 (63)	52.0 (26)	58.7 (37)	0.474
Previous usage of contact lenses	0.9 (1)	0.0 (0)	1.6 (1)	0.371
Previous use of spectacles	9.7 (11)	10.0 (5)	9.5 (6)	0.932
Previous ocular trauma	20.4 (23)	30.0 (15)	12.7 (8)	0.023
Previous ocular surgery	2.7 (3)	2.0 (1)	3.2 (2)	0.700
Duration of illness				
< 1 week	63.7 (72)	66.0 (33)	61.9 (39)	0.649
2 - 4 weeks	18.6 (21)	20.0 (10)	17.5 (11)	
> 4 weeks	17.7 (20)	14.0 (7)	20.6 (13)	
Previous application of mascara	6.2 (7)	0.0 (0)	11.1 (7)	0.015
Previous application of breastmilk	2.7 (3)	2.0 (1)	3.2 (2)	0.700
Presenting visual acuity				
Right eye; oculus dexter				
Unavailable	2.6 (3)	2.0 (1)	3.1 (2)	0.939
FFL	23.7 (27)	24.0 (12)	23.4 (15)	
6/5 - 6/18	63.2 (72)	62.0 (31)	64.1 (41)	
6/24 - 6/60	7.9 (9)	8.0 (4)	7.8 (5)	
3/60 - 1/60	2.6 (3)	4.0 (2)	1.6 (1)	
Left eye; oculus sinister				
Unavailable	2.6 (3)	2.0 (1)	3.1 (2)	0.356
FFL	23.7 (27)	24.0 (12)	23.4 (15)	
6/5 - 6/18	67.5 (77)	66.0 (33)	68.8 (44)	
6/24 - 6/60	1.8 (2)	0.0 (0)	3.1 (2)	
3/60 - 1/60	4.4 (5)	8.0 (4)	1.6 (1)	
Both eyes; oculus uterque				
Unavailable	91.2 (104)	86.0 (43)	95.3 (61)	0.266
FFL	0.9 (1)	2.0 (1)	0.0 (0)	
6/5 - 6/18	7.0 (8)	10.0 (5)	4.7 (3)	
3/60 - 1/60	0.9 (1)	2.0 (1)	0.0 (0)	
Presenting patient symptoms				
Eye pain	50.9 (58)	42.0 (21)	57.8 (37)	0.094
Itching	60.5 (69)	54.0(27)	65.6 (42)	0.208

Falling lashes	0.9 (1)	0.0 (0)	1.6 (1)	0.375
Lacrimation/watering	61.4 (70)	64.0 (32)	59.4 (38)	0.615
Hyperemia/redness	69.3 (79)	72.0 (36)	67.2 (43)	0.580
Swelling	21.9 (25)	22.0 (11)	21.9 (14)	0.987
Discharge	62.3 (71)	70.0 (35)	56.3 (33)	0.133
Burning sensation	7.9 (9)	6.0 (3)	9.4 (6)	0.507
Foreign body sensation	10.5 (12)	14.0 (7)	7.8 (5)	0.285
Others	11.4 (13)	4.0 (2)	17.2 (11)	0.028
<i>Test/investigations</i>				
Visual acuity	99.1 (113)	98.0 (49)	100 (64)	0.256
Slit lamp Biomicroscopy	99.1 (113)	98.0 (49)	100 (64)	0.256
Ophthalmoscopy	98.2 (112)	98.0 (49)	98.4 (63)	0.860
Microbial analysis	90.4 (103)	88.0 (44)	92.2 (59)	0.452
<i>Clinical signs</i>				
<i>Eyelashes</i>				
Healthy	98.2 (112)	100.0 (50)	96.9 (62)	0.451
Misdirected	0.9 (1)	0.0 (0)	1.6 (1)	
Crust formation	0.9 (1)	0.0 (0)	1.6 (1)	
<i>Eyelids</i>				
Healthy	66.7 (76)	66.0 (33)	67.2 (43)	0.819
Papillae	17.5 (20)	18.0 (9)	17.2 (11)	
Cobblestones	1.8 (2)	2.0 (1)	1.6 (1)	
Swelling	11.4 (13)	12.0 (6)	10.9 (7)	
Crust	0.9 (1)	2.0 (1)	0.0 (0)	
Drooping	0.9 (1)	0.0 (0)	1.6 (1)	
Rashes	0.9 (1)	0.0 (0)	1.6 (1)	
<i>Conjunctiva</i>				
Healthy	26.3 (30)	28.0 (14)	25.0 (16)	0.646
Injection	71.9 (82)	72.0 (36)	71.9 (46)	
Limbal papillae	0.9 (1)	0.0 (0)	1.6 (1)	
Limbal pigmentation	0.9 (1)	0.0 (0)	1.6 (1)	
<i>Cornea</i>				
Transparent	87.7 (100)	78.0 (39)	95.3 (61)	0.045
Opacities	3.5 (4)	4.0 (2)	3.1 (2)	
Laceration	0.9 (1)	2.0 (1)	0.0 (0)	
Abrasions	7.0 (8)	14.0 (7)	1.6 (1)	
Ulcer	0.9 (1)	2.0 (1)	0.0 (0)	
<i>Sclera</i>				
Healthy	83.3 (95)	78.0 (39)	87.5 (56)	0.177
Pigmented	16.7 (19)	22.0 (11)	12.5 (8)	
<i>Anterior chamber</i>				
Deep	98.2 (112)	96.0 (48)	100 (64)	0.106
Shallow	1.8 (2)	4.0 (2)	0.0 (0)	
<i>Pupils</i>				

Healthy (PERLLA)	99.1 (113)	98.0 (49)	100.0 (64)	0.256
Abnormal (RAPD)	0.9 (1)	2.0 (1)	0.0 (0)	
Iris				
Health (Dark and flat)	99.1 (113)	98.0(49)	100.0 (64)	0.256
Prolapse	0.9 (1)	2.0 (1)	0.0 (0)	
Lens				
Transparent	94.7 (108)	92.0 (46)	96.9 (62)	0.247
Opacities	5.3 (6)	8.0 (4)	3.1 (2)	
Number of antibiotics administered				
None	7.9 (9)	6.0 (3)	9.4 (6)	0.351
1	33.3 (38)	38.0 (19)	29.7 (19)	
2	40.4 (44)	44.0 (22)	37.5 (24)	
≥3	18.4 (21)	12.0 (6)	23.4 (15)	
Clinical presentation				
Conjunctivitis	60.5 (69)	52.0 (26)	67.2 (43)	0.216
Blepharoconjunctivitis	9.6 (11)	10.0 (5)	9.4 (6)	
Keratoconjunctivitis	11.4 (13)	16.0 (8)	7.8 (5)	
Ophthalmia neonatorum	0.9 (1)	2.0 (1)	0.0 (0)	
Ocular trauma	6.1 (7)	8.0 (4)	4.7 (3)	
Preseptal cellulitis	0.9 (1)	0.0 (0)	1.6 (1)	
Hordeolum	2.6 (3)	0 (0.0)	3 (4.7)	
Keratitis	7.9 (9)	6 (12.0)	3 (4.7)	
Associated conditions				
Dry eye syndrome	10.5 (12)	6.0 (3)	14.1 (9)	0.164
Pterygium	4.4 (5)	4.0 (2)	4.7 (3)	0.859
Pingueculum	0.9 (1)	0.0 (0)	1.6 (1)	0.375
Headaches	5.3 (6)	8.0 (4)	3.1 (2)	0.247

FFL, fixate-and-follow light; PERLLA, pupils are equal, round, and reactive to light and accommodation; RAPD, relative afferent pupillary defect

Table 3: Antimicrobial treatment of external ocular and periocular infections in a Ghanaian ophthalmic population

Types of clinical presentation	Bacteria culture results n (%)		Antimicrobial therapy employed in treating external ocular and periocular infections n (%)									
	Positive	Negative	RFR	CIP	GTM	PoB	NM	TBM	TX	OTX	OFC	FX
Conjunctivitis	55 (94.8)	3 (5.2)	0 (0.0)	22 (31.9)	2 (2.9)	29 (42.0)	22 (31.9)	13 (18.8)	16 (23.2)	12 (2.6)	0 (0.0)	0 (0.0)
Blepharoconjunctivitis	11 (100.0)	0 (0.0)	0 (0.0)	2 (18.2)	0 (0.0)	8 (72.7)	5 (45.5)	1 (9.1)	2 (18.2)	3 (27.3)	0 (0.0)	0 (0.0)
Keratoconjunctivitis	12 (92.3)	1 (7.7)	0 (0.0)	2 (15.4)	0 (0.0)	5 (38.5)	9 (69.2)	0 (0.0)	4 (30.8)	0 (0.0)	0 (0.0)	0 (0.0)
Ophthalmia neonatorum	1 (100.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	1 (100.0)	0 (0.0)	1 (100.0)	0 (0.0)	1 (100.0)	0 (0.0)	0 (0.0)
Ocular trauma	7 (100.0)	0 (0.0)	1 (14.3)	3 (42.9)	0 (0.0)	1 (14.3)	1 (14.3)	0 (0.0)	2 (28.6)	0 (0.0)	0 (0.0)	1 (14.3)
Preseptal cellulitis	1 (100.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	1 (100.0)	0 (0.0)	1 (100.0)	0 (0.0)	0 (0.0)	1 (100.0)
Hordeolum	3 (100.0)	0 (0.0)	0 (0.0)	1 (33.3)	0 (0.0)	1 (33.3)	1 (33.3)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	3 (100.0)
Keratitis	8 (88.9)	1 (11.1)	0 (0.0)	6 (66.7)	1 (11.1)	2 (22.2)	1 (11.1)	1 (11.1)	3 (33.3)	2 (22.2)	1 (11.1)	0 (0.0)
Total	98 (95.1)	5 (4.4)	1 (0.9)	36 (31.6)	3 (2.6)	47 (41.2)	40 (35.1)	16 (14.0)	28 (24.6)	18 (15.8)	1 (0.9)	5 (4.4)

n, frequency; %, percentage frequency, RFR, referral; CIP, ciprofloxacin; GTM, gentamycin; PoB, polymyxin B; NM, Neomycin; TBM, tobramycin; TX, tetracycline, OTX, oxytetracycline; OFC, ofloxacin; FX, flucoxacillin

Table 4

Distribution of bacteria isolates across different clinical presentations of external ocular and periocular infections in a Ghanaian ophthalmic population

Bacteria isolates	Types of clinical presentation									
	Conjunctivitis n (%)	Blepharoconjunctivitis n (%)	Keratoconjunctivitis n (%)	Ophthalmia neonatorum n (%)	Ocular trauma n (%)	Preseptal cellulitis n (%)	Hordeolum n (%)	Keratitis n (%)	Total isolates n (%)	
Gram positive										
<i>S. aureus</i>	12 (21.8)	8 (72.7)	4 (33.3)	0 (0.0)	1 (14.3)	1 (100.0)	0 (0.0)	1 (12.5)	27 (27.6)	
<i>CONS</i>	8 (14.5)	2 (18.2)	1 (8.3)	1 (100.0)	1 (14.3)	0 (0.0)	0 (0.0)	0 (0.0)	13 (13.3)	
<i>Streptococcus spp</i>	1 (1.8)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	1 (1.0)	
Gram negative										
<i>Citrobacter spp</i>	1 (1.8)	0 (0.0)	0 (0.0)	0 (0.0)	1 (14.3)	0 (0.0)	0 (0.0)	0 (0.0)	2 (2.0)	
<i>Serratia spp</i>	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	1 (33.3)	0 (0.0)	1 (1.0)	
<i>Salmonella spp</i>	1 (1.8)	0 (0.0)	1 (8.3)	0 (0.0)	1 (14.3)	0 (0.0)	0 (0.0)	0 (0.0)	3 (3.1)	
<i>E. coli</i>	1 (1.8)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	1 (1.0)	
<i>Klebsiella spp.</i>	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	1 (14.3)	0 (0.0)	0 (0.0)	0 (0.0)	1 (1.0)	
<i>P. aeruginosa</i>	22 (40.0)	1 (9.1)	5 (41.7)	0 (0.0)	2 (28.6)	0 (0.0)	2 (66.7)	6 (75.0)	38 (38.8)	
<i>P. putida</i>	9 (16.4)	0 (0.0)	1 (8.3)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	1 (12.5)	11 (11.2)	
Total	55 (56.1)	11 (11.2)	12 (12.2)	1 (1.0)	7 (7.1)	1 (1.0)	3 (3.1)	8 (8.2)	98 (100.0)	

n, frequency; %, percentage frequency; CONS, Coagulase-negative staphylococcal species

Table 5: Factors associated with external ocular and periocular infections among a Ghanaian ophthalmic population

Variable	Bivariate regression		
	OR	95% CI	p-value
Demographic characteristics			
Age (years)	1.04	0.97-1.11	0.237
Age group (years)			
0 - 2	Ref		
3 - 17			0.998
18 - 39			0.999
≥40	1.00		1.000
Gender			
Man	Ref		
Woman			0.998
Not applicable*			0.998
Sex designated at birth			
Male	Ref		
Female	0.32	0.03-2.97	0.316
Ethnicity			
Akan	Ref		
Northerner			0.999
Religion			
Catholic	Ref		
Protestant			0.999
Muslim	1.00		1.000
Atheist	1.00		1.000
Socioeconomic characteristics			
Residence			
Rural	Ref		
Urban	0.99	0.16-6.21	0.993
Highest level of education			
None	Ref		
Preschool	1.00		1.000
Primary			0.999
Secondary			0.999
Tertiary	1.00		1.000
Not applicable*	1.00		1.000
Occupation			
Not applicable*	Ref		
Student			0.999
Trading	1.00		1.000
Welding	1.00		1.000
Hairdressing	1.00		1.000
Unemployed	1.00		1.000
Construction worker	1.00		1.000
Beautician	1.00		1.000

Wage or salary worker	1.00		1.000
Driver/Transport business	1.00		1.000
Businessman/woman	1.00		1.000
Farming	1.00		1.000
Haidressing	1.00		1.000
Marital status			
Not applicable*	Ref		
Single	2.24	0.24-21.29	0.481
Married			0.998
Cohabiting			0.999
Divorced			0.999
Seperated			1.000
Widow			0.999
Health status variables			
Smoking habits			
Not applicable*	Ref		
Never smoker	6.27	0.67-58.30	0.107
Past smoker			0.999
Current smoker			1.000
Alcohol intake habits			
Not applicable*	Ref		
I never drink	5.67	0.61-52.83	0.128
I drink only on special occasions			0.999
I drink once or twice a week			0.999
Average alcohol consumption per week			
None	Ref		
1 unit			0.999
2-5 unit			0.999
Medical History			
Diabetes			
No	Ref		
Yes			0.999
Hypertension			
No	Ref		
Yes			0.999
Tuberculosis			
No	Ref		
Yes			1.000
Sexually transmitted Diseases			
No	Ref		
Yes			1.000
Peptic ulcer			
No	Ref		
Yes			0.999

Are you currently taking any medication			
No	Ref		
Yes			0.998
Clinical characteristics			
Eyes affected			
Right eye; oculus dexter	Ref		
Left eye; oculus sinister	0.47	0.04-5.70	0.555
Both eyes; oculus uterque	1.75	0.15-20.42	0.655
Site of the eye affected			
Eyelids/lashes			
No	Ref		
Yes			0.998
Conjunctiva			
No	Ref		
Yes			0.999
Cornea			
No	Ref		
Yes	0.36	0.06-2.31	0.282
Risk factors			
Previous eye infections			
No	Ref		
Yes	0.19	0.02-1.77	0.145
Previous use of antimicrobials			
No	Ref		
Yes			0.998
Previous use of contact lens			
No	Ref		
Yes			1.000
Previous use of spectacles			
No	Ref		
Yes	0.46	0.05-4.53	0.505
Previous ocular trauma			
No	Ref		
Yes			0.998
Previous ocular surgery			
No	Ref		
Yes			0.999
Duration of illness			
< 1 week	Ref		
2 - 4 weeks			0.998
> 4 weeks	1.22	0.13-11.62	0.863
Previous application of mascara			
No	Ref		
Yes			0.999

Previous application of breastmilk			
No	Ref		
Yes			0.999
<i>Patient presenting symptoms</i>			
Eye pain			
No	Ref		
Yes	0.29	0.03-2.73	0.294
Itching			
No	Ref		
Yes	2.88	0.31-26.70	0.352
Falling lashes			
No	Ref		
Yes			1.000
Lacrimation/watering			
No	Ref		
Yes	1.10	0.18-6.89	0.920
Hyperemia/redness			
No	Ref		
Yes	0.63	0.07-5.84	0.680
Swelling			
No	Ref		
Yes			0.998
Photophobia			
No	Ref		
Yes	0.32	0.05-2.03	0.315
Discharge			
No	Ref		
Yes	2.27	0.36-14.21	0.381
Burning sensation			
No	Ref		
Yes			0.999
Foreign body sensation			
No	Ref		
Yes			
Others			0.999
No	Ref		
Yes	0.56	0.06-5.42	0.615

OR, Odds ratio; CI, confidence interval; Ref, Reference, Bivariate regression analysis at a significance of $p < 0.05$

Figures

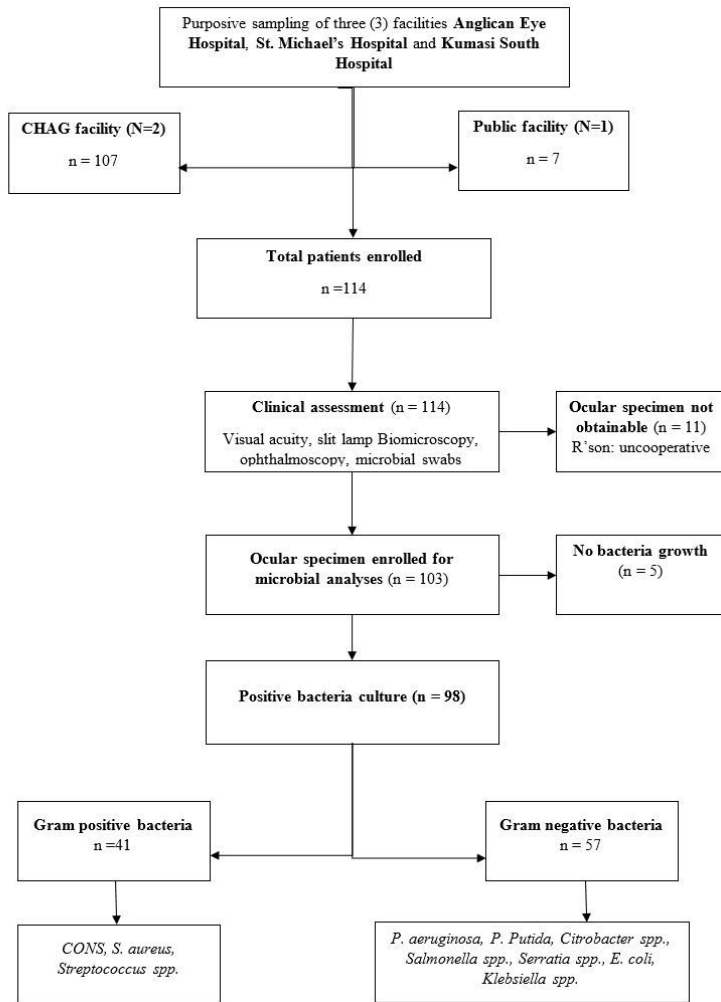


Figure 1

Flow diagram illustrating study methodology