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# Individual-level air pollutants exposure and pregnancy outcomes in patients who underwent assisted reproductive technology: A retrospective longitudinal cohort study

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## **Research Article**

**Keywords:** air pollution, assisted reproduction technology, retrospective study, pregnancy outcome, logistic regression

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| 1  | Individual-level air pollutants exposure and pregnancy   |
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| 2  | outcomes in patients who underwent assisted reproductive   |
| 3  | technology: A retrospective longitudinal cohort study  |
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20 Abstract

Background: The effects of air pollution on the results of assisted reproductive 21 22 technology (ART) treatment in terms of pregnancy outcomes were inconclusive. **Methods**: We performed an individual-level retrospective longitudinal cohort 23 study among 11,968 participants undergoing ART treatment from a general 24 hospital in Hefei, China in 2013-20. Monthly mean concentrations of air 25 pollutants [fine particulate matter (PM<sub>2.5</sub>), suspended particulate matter (PM<sub>10</sub>), 26 ozone (O<sub>3</sub>), sulfur dioxide (SO<sub>2</sub>), Nitrogen dioxide (NO<sub>2</sub>) and carbon oxide (CO)] 27 during 3 Periods were obtained from ChinaHighAirPollutants (CHAP) dataset: 28 respective Periods 1, 2 and 3 refer to 90 days, one or two years prior to oocyte 29 retrieval. Multiple logistic regression model was applied to explore the impact 30 31 of air pollution on four ART results (biochemical pregnancy, clinical pregnancy, pregnancy loss, and live birth). 32

**Results**: We observed negative relationships of PM<sub>10</sub>, PM<sub>2.5</sub>, CO and SO<sub>2</sub> 33 exposures with pregnancy outcomes were more evident during one year 34 exposure (Period 2). An interquartile range increment of ambient PM<sub>10</sub>, PM<sub>2.5</sub>, 35 CO, and SO<sub>2</sub> exposures during Period 2 was associated with respective 36 decrements of 5.85% (aOR: 0.94, 95% CI: 0.90-0.99), 7.82% (aOR: 0.92, 95% 37 CI: 0.88–0.97), 10.60% (aOR: 0.89, 95% CI: 0.82–0.93) and 12.38% (aOR: 38 0.88, 95% CI: 0.82–0.93) on clinical pregnancy, while O<sub>3</sub> and NO<sub>2</sub> showed 39 40 positive associations. Associations were stronger in patients undergoing frozen

embryo transfer, aged < 32 years, with normal BMI, employed status, one</li>
embryo transferred, and in warm season.

Conclusions: Our data show that long-term individual-level exposure to the air
pollutants of PM<sub>10</sub>, PM<sub>2.5</sub>, CO, SO<sub>2</sub> but not O<sub>3</sub> or NO<sub>2</sub>, especially in one year
exposure before oocyte retrieval, could have a negative impact on ART
outcomes.

- 48 **Keywords:** air pollution, assisted reproduction technology, retrospective study,
- 49 pregnancy outcome, logistic regression

## 50 **1. Introduction**

Air pollution has been a long-standing problem and remains a major public 51 health challenge, which has long been recognized as a significant harmful 52 environmental stimulus for cardiopulmonary diseases.<sup>1-3</sup> In practice, it is only 53 during recent years, the reproductive health impacts perturbed by air pollution 54 become a hot research topic in environmental epidemiology.<sup>4,5</sup> The adversely 55 reproductive health effects induced by air pollution can result in lower human 56 fertility,<sup>6-9</sup> pregnancy loss,<sup>10</sup> preterm birth,<sup>11</sup> fetal growth restriction<sup>12</sup> and 57 stillbirth.<sup>13</sup> Existing evidence regarding relationships between air pollutants 58 exposure and infertility among couples who are attempting to conceive naturally 59 has indicated that pre-gestational or gestational exposure to fine particulate 60 matter (PM<sub>2.5</sub>) is associated with decreased fertility and increased pregnancy 61 loss.<sup>14-16</sup> 62

In recent years, the infertility rate is climbing gradually. According to a new 63 report published by World Health Organization (WHO) in 2023, about 17.5% of 64 the adult population (roughly 1 in 6 globally) experience infertility.<sup>17</sup> In China, 65 according to the National Bureau of Statistics, the rate of infertility in 2021 is 66 estimated to be as high as 12%-18%, and one epidemiological investigation 67 performed in eight provinces in China reported that the infertility rate is up to 68 25% among couples of reproductive age.<sup>18</sup> This fact leads a rising number of 69 infertility couples who wish to become parents to turn to the assisted 70 reproductive technology (ART) treatment. Evidence of ART for infertility 71

treatment is currently sufficient,<sup>19</sup> and its main approaches include in vitro fertilization (IVF) and intracytoplasmic sperm injection (ICSI). In the past, researchers merely focus on the impacts of clinical relative issues on infertility and ART while they pay little attention to the environmental stimulus such as ambient air pollutants.

Despite that some publications have linked air pollution with high risks of 77 adverse pregnancy outcomes,<sup>20,21</sup> evidence on such impacts in ART patients is 78 limited and mixed.<sup>22,23</sup> Some reported adverse effects on IVF outcomes,<sup>24-27</sup> 79 whereas others observed non-significant or opposing results.<sup>28-31</sup> For example, 80 Wu and colleagues detected that air pollution [O<sub>3</sub>, nitrogen dioxide (NO<sub>2</sub>), sulfur 81 dioxide (SO<sub>2</sub>), and carbon monoxide (CO)] was adversely associated with 82 pregnancy and live birth in patients receiving IVF treatment.<sup>25</sup> Li and colleagues 83 reported associations between particles with diameter  $\leq 2.5 \ \mu m$  (PM<sub>2.5</sub>), 84 particles with diameter  $\leq 10 \ \mu m$  (PM<sub>10</sub>), NO2, SO2, and CO exposures and 85 decreased probability of clinical pregnancy.<sup>27</sup> In contrast, Gaskins et al. 86 reported null associations of short-term and long-term exposures to NO<sub>2</sub>, O<sub>3</sub>, 87 and PM<sub>2.5</sub> with pregnancy loss in patients with IVF treatment.<sup>30</sup> Quraishi et al. 88 detected exposure to PM<sub>10</sub>, PM<sub>2.5</sub>, and NO<sub>2</sub> was non-significant associated with 89 pregnancy loss and livebirth.<sup>31</sup> The inconsistent results are also found in 90 investigations assessing ambient O<sub>3</sub> exposure.<sup>28</sup> Collectively, the possibly 91 heterogeneous effects of air pollution on ART pregnancy outcomes remain to 92 be elucidated. 93

Up to now, the majority of previous research has considered a relatively 94 short exposure window, which is liable to neglect the chronic exposure period. 95 96 Liu and colleagues designed seven different time windows to explore the correlation of air pollution and IVF outcomes, while the longest window only 97 explored up to 85 days before oocyte retrieval.<sup>23</sup> Less research, meanwhile, 98 has considered the role of frozen embryo transfer (FET) cycles in associations 99 of air pollution with pregnancy outcomes. Presently, if it occurs a failed fresh 100 transfer or freeze-all cycle, according to the acknowledged standard clinical 101 102 practice, FET cycles treatment will be performed again after one menstrual cycle at least.<sup>32</sup> Besides, compare to spontaneous conception and FET, 103 patients receiving fresh transfer cycles are more easily to be experienced 104 105 damaged endometrial receptivity and embryo implantation, and high odds of preterm birth and lower birthweight.<sup>33</sup> 106

107 Therefore, we performed this individual-level retrospective longitudinal 108 cohort study in Hefei, Anhui Province, China to comprehensively investigate the 109 effects of monthly exposure to six criteria air pollutants on pregnancy outcomes 110 among women undergoing IVF or ICSI cycle and meanwhile explore the 111 possible effect modifiers.

112 **2. Methods** 

#### 113 2.1 Study Design

114 This retrospective longitudinal cohort study was performed in 15,414

participants who underwent assisted reproductive technology (ART) between 1 115 February 2013 and 31 December 2020 in the Center for Reproductive Medicine 116 of 901st Hospital of PLA Joint Logistic Support Force, a large general hospital 117 in Hefei, Anhui Province, China. Some patients were excluded from the final 118 analysis following the criteria below: (i) patients over 45 years old, (ii) twin or 119 higher-order multifetal pregnancies, (iii) patients undergoing artificial 120 insemination, (iv) patients without undergoing embryo transfer after oocyte 121 retrieval; or (v) patients with no medical examination or precise residential 122 123 address. Finally, we included a total of 11,968 singleton patients for biochemical pregnancy and clinical pregnancy outcomes in statistical analysis. Among 4,673 124 clinical pregnancy patients, 19 patients who were loss of follow-up were 125 126 excluded, and thus 4,654 patients were finally included for the remaining two (pregnancy loss and live birth) in statistical analysis. Details of subjects included 127 in the current study are presented in Figure 1. 128

Data on female age, body mass index (BMI), educational level, employment status, residential address, duration and type of infertility, controlled ovarian stimulation protocols, number of retrieved oocytes, fertilization method, date of embryo transfer, and type/number/quality of transferred embryos were extracted from the medical records. Gardner blastocyst scoring was used to conduct blastocysts quality assessment and the details were shown in Supplemental Methods<sup>34</sup>.

## 136 **2.2 IVF or ICSI procedure**

All subjects received IVF or ICSI treatment with following a standard 137 protocol at the center. Generally, the overall IVF process included four steps 138 among which controlled ovarian stimulation (COS) was the first step, followed 139 by oocyte retrieval, embryo transfer, and pregnancy tests. For COS, the 140 following protocols including the long gonadotrophin-releasing hormone 141 (GnRH)- agonist (-a) protocol, short GnRH-agonist protocol, GnRH antagonist 142 (-ant) protocol, hormone replacement treatment protocol, and others (mild 143 stimulation protocol, natural protocol and so on) were decided by the physician 144 based on the patient's individual characteristics (i.e., age, ovarian function and 145 medical history of IVF). Ovulation was induced by injecting human chorionic 146 gonadotropin (hCG) if the physician observed three or more follicles  $\ge$  18 mm 147 148 in diameter, and the oocytes were then retrieved 34–36 h later.

The main methods of ART include IVF and ICSI. A single sperm was 149 injected into the egg under a microscope by using the ICSI procedure. IVF or 150 intracytoplasmic sperm injection (ICSI) was performed following the clinical 151 indication and sperm quality. In the fresh cycles, one or two or three embryos 152 were transferred three or five days after oocyte retrieval. The remaining good-153 quality embryos were cryopreserved. In frozen cycles, patients received a 154 natural protocol or a programmed cycle regimen for endometrial preparation 155 and then the frozen embryos were thawed and the same transfer procedure 156 employed for fresh embryo transfer was used to transfer. Additionally, 157 progesterone was used for luteal support after oocyte retrieval.<sup>21,25,35</sup> 158

## 159 **2.3 Health Outcomes**

In our study, we included four health outcomes, including biochemical 160 pregnancy, clinical pregnancy, live birth, and gestation pregnancy loss. Among 161 them, we defined (i) biochemical pregnancy as blood levels of human chorionic 162 gonadotropin (HCG)  $\ge$  20 mIU/ml after 14 days of embryo transfer, which can 163 determine early pregnancy, does not mean biochemical abortion; (ii) clinical 164 pregnancy as the identification of an ultrasound-confirmed gestational sac after 165 30 days of embryo transfer; (iii) live birth as the delivery of at least one live-born 166 167 infant after 28 weeks of gestation; and (iv) gestation pregnancy loss as the termination of pregnancy prior to 28 weeks. 168

#### 169 **2.4 Exposure Data**

Monthly air pollution data including PM<sub>10</sub>, PM<sub>2.5</sub>, 8h-maximal O<sub>3</sub>, NO<sub>2</sub>, SO<sub>2</sub> 170 and carbon monoxide (CO) were generated from the ChinaHighAirPollutants 171 (CHAP) dataset (ground-based measurements, satellite remote sensing 172 products, atmospheric reanalysis and model simulations) with using artificial 173 intelligence which allows for the spatial and temporal variability of air pollution 174 over the study period.<sup>36-39</sup> The ground-level concentrations of air pollutants 175 were derived from the Atmospheric Composition Analysis Group, which 176 estimates the ground-level concentrations through aerosol optical depth (AOD) 177 by the NASA MODIS, MISR, and SeaWiFS satellite instruments. Air pollutants 178 estimates were highly consistent with out-of-sample air pollutants 179

measurements, with the cross-validation coefficient of determination (CV-R<sup>2</sup>) of 0.9 for PM<sub>10</sub>, 0.92 for PM<sub>2.5</sub>, 0.87 for O<sub>3</sub>, 0.84 for NO<sub>2</sub>, 0.8 for CO, and 0.84 for SO<sub>2</sub>, respectively. In the basic of the established model, we used monthly estimates in 2000–20 with a high- resolution of  $1 \times 1$  km for PM<sub>10</sub> and PM<sub>2.5</sub>, and monthly estimates in 2013–20 with a spatial resolution of  $10 \times 10$  km for the rest pollutants for data analysis.

Monthly individual-level exposures of PM<sub>10</sub>, PM<sub>2.5</sub>, 8h-maximal O<sub>3</sub>, SO<sub>2</sub>, 186 NO<sub>2</sub> and CO were assigned to each subject based on the latitudes and 187 188 longitudes of geocoded residential addresses which were picked up from the Baidu Map (https://api.map.baidu.com). By linking longitude and latitude 189 coordinates of residential location to the nearest pollutants' grid, monthly mean 190 concentrations of the 1 km grid-cell for PM<sub>2.5</sub> and PM<sub>10</sub>, and 10-km grid-cell for 191 the other four pollutants were assigned to each subject. We then calculated the 192 monthly mean concentrations of air pollutants during 3 periods (Figure 2). In 193 view of the three-month period normally be regarded to be the length of the 194 gamete refresh cycle, we defined Period 1 as 90 days before oocyte retrieval. 195 196 Considering potentially long-term adverse effects of pollutants on pregnancy outcomes, we defined Period 2 as one year and Period 3 as two years before 197 oocyte retrieval. Because of unavailable data of SO<sub>2</sub>, CO, NO<sub>2</sub> and O<sub>3</sub> before 198 2013 in this dataset, in Period 3, we merely calculated the exposure levels of 199 PM<sub>2.5</sub> and PM<sub>10</sub>. 200

## 201 **2.5 Statistical Analysis**

For descriptive analysis, personal characteristics are expressed as means (± standard deviation (SD)) and numbers (percentages, %) for quantitative variables Exposure data in different exposure periods are presented by the mean, SD, minimum, 25<sup>th</sup> percentile, median, 75<sup>th</sup> percentile and maximum.

We used multivariate logistic regression models to explore the associations 206 of air pollutants with four binary pregnancy outcomes. We reported effect 207 estimates ( $\beta$ ), adjusted odds ratios (aORs) and 95% confidence intervals (CIs) 208 associated with an interquartile range (IQR) increment of pollutants 209 210 concentrations in the three Periods. We empirically considered confounders according to prior publication.<sup>40</sup> Before starting the main model, we used 211 variance inflation factors (VIF) diagnostics to assess the multicollinearity of 212 these covariates. We just found the VIF value between the type of transferred 213 embryos and COS protocol exceeded 10 (VIF>10), and 214 then used ridge regression to exclude the covariate of COS protocol in the basis 215 of smaller absolute values of coefficients in this model. Finally, the following 216 confounders were adjusted in the main models: age, BMI, season, educational 217 218 level, employment status, duration of infertility, type of infertility, type of transferred embryos, number of transferred embryos and quality of transferred 219 embryos. 220

We, meanwhile, performed stratified analyses in different subgroups. Before stratified analyses, in order to estimate the season-specific associations with the IVF pregnancy outcomes, we fitted separate models by season group

[cold (October-March) and warm (April-September)]. Moreover, to identify the 224 vulnerable population, we conducted stratified analyses by fitting separate 225 models by type of transferred embryos (fresh/frozen), age (<32/ $\geq$ 32 years), 226 BMI [normal (18.5~23.9 kg/m<sup>2</sup>) and abnormal (<18.5 or  $\geq$ 24 kg/m<sup>2</sup>)], 227 (employed/unemployed), employment status type of infertility 228 (primary/secondary), education level ( $\leq$ junior high school, high school and  $\geq$ 229 Junior college), and number of transferred embryos (one, two and three) to 230 evaluate the potential effect modifications. We further compared the effect 231 232 estimates of each air pollutant on pregnancy outcomes between the two group by calculating 95% CIs of the differences by using the formula of  $(\widehat{E}_1 - \widehat{E}_2) \pm 1.96 *$ 233  $\sqrt{S\widehat{E}_1^2 + S\widehat{E}_2^2}$ , where  $\widehat{E}_1$  and  $\widehat{E}_2$  are the regression coefficients for subgroups, 234  $S{\widehat E_1}^2$  and  $S{\widehat E_2}^2$  are corresponding standard errors. We also used 2-sample z-235 tests with the formula of  $(\widehat{E}_1 - \widehat{E}_2) / \sqrt{S\widehat{E}_1^2 + S\widehat{E}_2^2}$  to test the statistical significance 236 of these differences. For the sensitivity analyses, we fitted two-pollutant models 237 by additionally controlling for air pollutants one by one to test the robustness of 238 the estimated associations. Lastly, in order to assess the effects of the 239 coronavirus disease 2019 (COVID-19) lockdowns, we conducted additional 240 sensitivity analysis excluding the year 2020. 241

All statistical analyses were conducted in R software with version 4.2.2 (R Foundation for Statistical Computing, Vienna, Austria), and a *p*-value of <0.05 based on two-sided calculation was deemed as statistical significance.

245 **3. Results** 

## 246 **3.1 Descriptive Results**

Of the 15,414 patients who underwent assisted reproductive technology in 247 248 the center during 2013–20, a total of 11,968 eligible patients were included in formal analysis (Figure 1). Details on personal characteristics were summarized 249 in Table 1. The mean age and BMI were  $32.35 (\pm 5.81)$  years and  $23.15 (\pm 3.53)$ 250 kg/m<sup>2</sup>, respectively, and 57.98% received frozen embryo transfers. Of 11,968 251 eligible patients, 45.62% and 39.05% resulted in a biochemical pregnancy and 252 clinical pregnancy, respectively. Of 4,673 patients with clinical pregnancy, 77.49% 253 resulted in live birth while 22.11% resulted in pregnancy loss. During the whole 254 255 study period, no patient left the studied residential addresses. There were no statistically significant differences between included and excluded patients 256 257 (data not shown).

| Mariahlaa                           | Total        | Biochemical  | Clinical     | <b>D</b> ue un en eu la h |                         |  |
|-------------------------------------|--------------|--------------|--------------|---------------------------|-------------------------|--|
| variables                           | participants | pregnancy    | pregnancy    | Pregnancy loss *          | Live birth <sup>5</sup> |  |
| N (%)                               | 11968        | 5460 (45.62) | 4673 (39.05) | 1033 (22.11)              | 3621 (77.49)            |  |
| Age (Mean (SD))                     | 32.35 (5.81) | 31.16 (5.10) | 31.07 (5.03) | 32.68 (5.72)              | 30.61 (4.72)            |  |
| < 32 (%)                            | 6069 (50.71) | 3173 (58.11) | 2744 (58.72) | 461 (44.63)               | 2271 (62.72)            |  |
| ≥ 32 (%)                            | 5899 (49.29) | 2287 (41.89) | 1929 (41.28) | 572 (55.37)               | 1350 (37.28)            |  |
| BMI (Mean (SD))                     | 23.15 (3.53) | 23.17 (3.60) | 23.17 (3.59) | 23.52 (3.73)              | 23.07 (3.55)            |  |
| Normal (%)                          | 6983 (58.35) | 3171 (58.08) | 2719 (58.19) | 570 (55.18)               | 2138 (59.04)            |  |
| Abnormal (%)                        | 4985 (41.65) | 2289 (41.92) | 1954 (41.81) | 463 (44.82)               | 1483 (40.96)            |  |
| Employment status (%)               |              |              |              |                           |                         |  |
| Employed                            | 7457 (62.31) | 3295 (60.35) | 2806 (60.05) | 628 (60.79)               | 2171 (59.96)            |  |
| Unemployed                          | 4511 (37.69) | 2165 (39.65) | 1867 (39.95) | 405 (39.21)               | 1450 (40.04)            |  |
| Education level (%)                 |              |              |              |                           |                         |  |
| $\leqslant$ Junior high school      | 6301 (52.65) | 2870 (52.56) | 2429 (51.98) | 564 (54.60)               | 1852 (51.15)            |  |
| High school                         | 2311 (19.31) | 1041 (19.07) | 911 (19.49)  | 187 (18.10)               | 722 (19.94)             |  |
| $\ge$ Junior college                | 3356 (28.04) | 1549 (28.37) | 1333 (28.53) | 282 (27.30)               | 1047 (28.91)            |  |
| Type of infertility (%)             |              |              |              |                           |                         |  |
| Primary infertility                 | 4964 (41.48) | 2406 (44.07) | 2063 (44.15) | 388 (37.56)               | 1665 (45.98)            |  |
| Secondary infertility               | 7004 (58.52) | 3054 (55.93) | 2610 (55.85) | 645 (62.44)               | 1956 (54.02)            |  |
| Duration of infertility (Mean (SD)) | 4.61 (3.46)  | 4.44 (3.21)  | 4.43 (3.19)  | 4.77 (3.76)               | 4.33 (3.00)             |  |
| Embryo transfer type (%)            |              |              |              |                           |                         |  |
| Fresh                               | 5029 (42.02) | 2269 (41.56) | 1949 (41.71) | 432 (41.82)               | 1515 (41.84)            |  |
| Frozen                              | 6939 (57.98) | 3191 (58.44) | 2724 (58.29) | 601 (58.18)               | 2106 (58.16)            |  |

## 258Table 1. Characteristics of 11,968 patients undergoing assisted reproductive technology

## 260 **Table 1 (continued)**

| Variables                          | Total        | Biochemical  | Clinical          |             | Live hirth b |  |
|------------------------------------|--------------|--------------|-------------------|-------------|--------------|--|
| variables                          | participants | pregnancy    | egnancy pregnancy |             | Live dirth " |  |
| Number of transferred embryos (%)  |              |              |                   |             |              |  |
| One                                | 3207 (26.80) | 1693 (31.01) | 1529 (32.72)      | 270 (26.14) | 1248 (34.47) |  |
| Тwo                                | 6803 (56.84) | 3072 (56.26) | 2577 (55.15)      | 605 (58.57) | 1965 (54.27) |  |
| Three                              | 1958 (16.36) | 695 (12.73)  | 567 (12.13)       | 158 (15.30) | 408 (11.27)  |  |
| Stimulation protocol (%)           |              |              |                   |             |              |  |
| Long GnRH-a protocol               | 2301 (19.23) | 1116 (20.44) | 937 (20.05)       | 179 (17.33) | 758 (20.93)  |  |
| Short GnRH-a protocol              | 195 (1.63)   | 53 (0.97)    | 45 (0.96)         | 19 (1.84)   | 26 (0.72)    |  |
| GnRH antagonist protocol           | 2347 (19.61) | 1022 (18.72) | 897 (19.20)       | 217 (21.01) | 678 (18.72)  |  |
| Hormone replacement treatment      | 6141 (51.31) | 2795 (51.19) | 2385 (51.04)      | 531 (51.40) | 1840 (50.81) |  |
| protocol                           |              |              |                   |             |              |  |
| Others <sup>a</sup>                | 984 (8.22)   | 474 (8.68)   | 409 (8.75)        | 87 (8.42)   | 319 (8.81)   |  |
| Quality of transferred embryos (%) |              |              |                   |             |              |  |
| Good quality embryo                | 7373 (61.61) | 3494 (63.99) | 3023 (64.69)      | 630 (60.99) | 2378 (65.67) |  |
| General embryo                     | 4595 (38.39) | 1966 (36.01) | 1650 (35.31)      | 403 (39.01) | 1243 (34.33) |  |
| Season (%)                         |              |              |                   |             |              |  |
| Cold                               | 5258 (43.93) | 2378 (43.55) | 2043 (43.72)      | 436 (42.21) | 1597 (44.10) |  |
| Warm                               | 6710 (56.07) | 3082 (56.45) | 2630 (56.28)      | 597 (57.79) | 2024 (55.90) |  |
| Quarter (%)                        |              |              | . ,               |             |              |  |
| Q1th                               | 3163 (26.43) | 1444 (26.45) | 1225 (26.21)      | 262 (25.36) | 958 (26.46)  |  |
| Q2nd                               | 3280 (27.41) | 1519 (27.82) | 1299 (27.80)      | 312 (30.20) | 983 (27.15)  |  |
| Q3rd                               | 3278 (27.39) | 1478 (27.07) | 1277 (27.33)      | 281 (27.20) | 993 (27.42)  |  |
| Q4th                               | 2247 (18.78) | 1019 (18.66) | 872 (18.66)       | 178 (17.23) | 687 (18.97)  |  |

261 Abbreviations: SD, standard deviation; ART, assisted reproductive technology; BMI, body mass index; Q1th, the first quarter; Q2nd, the second

quarter; Q3rd, the third quarter; Q4th, the fourth quarter; Long GnRH-a protocol, the long gonadotrophin-releasing hormone (GnRH)- agonist (-

a) protocol; Short GnRH- protocol, the short gonadotrophin-releasing hormone (GnRH)- agonist (-a) protocol; GnRH Antagonist, gonadotrophin-

- releasing hormone antagonist.
- <sup>265</sup> <sup>a</sup> Other protocols include short GnRH-agonist protocol, mild stimulation protocol and progestin-primed ovarian stimulation (PPOS) protocol.
- <sup>266</sup> <sup>b</sup> 4654 participants were included in analysis for pregnancy loss and live birth outcomes due to 19 losing of follow-up from 4673 clinical pregnancy

267 cases.

On average, monthly mean concentrations of six criteria air pollutants in 268 the three exposure periods (Period 1, Period 2 and Period 3) were presented 269 in Table 2. Take Period 2 for instance, the monthly mean concentrations of PM<sub>10</sub>, 270 PM<sub>2.5</sub>, O<sub>3</sub>, CO, SO<sub>2</sub>, and NO<sub>2</sub> were 91.04 µg/m<sup>3</sup>, 56.36 µg/m<sup>3</sup>, 91.45 µg/m<sup>3</sup>, 271 0.89 mg/m<sup>3</sup>, 17.35  $\mu$ g/m<sup>3</sup>, and 33.13  $\mu$ g/m<sup>3</sup>, respectively. Notably, the mean 272 PM<sub>10</sub> and PM<sub>2.5</sub> was all far beyond the 2021 WHO Air Quality Guidelines 273 (annual mean for PM<sub>2.5</sub>: 5  $\mu$ g/m<sup>3</sup>, and PM<sub>10</sub>: 15  $\mu$ g/m<sup>3</sup>) (Figure S1). We also 274 summarized the pollutants concentrations in Periods 1, 2 and 3 among 275 276 participants of different health outcomes (Table S1).

We further analyzed the correlation of pollutants in Period 2 (Table S2). PM<sub>2.5</sub> concentration in Period 2 was positively correlated with that of PM<sub>10</sub>, SO<sub>2</sub>, CO and NO<sub>2</sub> (Spearman r = 0.981, 0.728, 0.715 and 0.220, respectively) while negatively correlated with that of O<sub>3</sub> (r = -0.495). O<sub>3</sub> was negatively correlated with all pollutants except NO<sub>2</sub>. Other correlations between pollutants were shown in Table S2.

| Pollutants                             | Period <sup>a</sup> | Mean (SD)     | Median (Min, Max)     | IQR (P <sub>25</sub> , P <sub>75</sub> ) |
|--|---------------------|---------------|-----------------------|--|
| PM <sub>10</sub> (µg/m <sup>3</sup> )  | 1                   | 85.82 (28.85) | 83.40 (21.23, 206.10) | 40.02 (64.02, 104.03)                    |
|  | 2                   | 91.04 (20.41) | 89.38 (31.26, 165.84) | 23.18 (78.31, 101.49)                    |
|  | 3                   | 94.44 (19.54) | 93.26 (32.25, 172.20) | 26.33 (81.51, 107.84)                    |
| PM <sub>2.5</sub> (µg/m <sup>3</sup> ) | 1                   | 52.26 (21.47) | 48.70 (9.47, 144.47)  | 30.92 (35.52, 66.43)                     |
|  | 2                   | 56.36 (13.10) | 55.43 (16.19, 108.68) | 15.18 (48.10, 63.28)                     |
|  | 3                   | 58.59 (12.35) | 57.81 (16.99, 108.32) | 17.23 (50.34, 67.57)                     |
| O <sub>3</sub> -8 h (µg/m³)            | 1                   | 96.68 (28.67) | 96.65 (20.41, 191.15) | 45.14 (73.77, 118.91)                    |
|  | 2                   | 91.45 (18.43) | 95.09 (28.35, 125.33) | 27.05 (79.68, 106.73)                    |
| CO (mg/m <sup>3</sup> )                | 1                   | 0.86 (0.21)   | 0.82 (0.27, 2.45)     | 0.26 (0.71, 0.97)                        |
|  | 2                   | 0.89 (0.14)   | 0.87 (0.35, 1.93)     | 0.20 (0.78, 0.98)                        |
| SO <sub>2</sub> (µg/m³)                | 1                   | 16.45 (8.72)  | 14.57 (4.02, 77.58)   | 10.65 (9.87, 20.52)                      |
|  | 2                   | 17.35 (7.97)  | 15.86 (4.93, 62.93)   | 10.91 (11.08, 21.99)                     |
| NO <sub>2</sub> (µg/m <sup>3</sup> )   | 1                   | 31.98 (10.36) | 30.48 (6.68, 76.21)   | 13.59 (24.56, 38.15)                     |
|  | 2                   | 33.13 (6.88)  | 32.79 (9.08, 62.57)   | 5.92 (29.69, 35.61)                      |

283 Table 2. Descriptive statistics of air pollutants concentrations in different exposure windows

Abbreviations:  $PM_{2.5}$ , particulate matter with an aerodynamic diameter of 2.5 µm or less;  $PM_{10}$ , particulate matter with an aerodynamic diameter of 10 µm or less;  $SO_2$ , sulfur dioxide; CO, carbon monoxide;  $O_3$ -8 h, 8 h maximal ozone;  $NO_2$ , Nitrogen dioxide; SD, standard deviation; Min, minimum; Max, maximum; IQR, interquartile range;  $P_{25}$ , the 25th percentile;  $P_{75}$ , the 75th percentile.

<sup>a</sup> Periods 1–3 indicate the exposure windows shown in Figure. 2. Period 1, 90 days prior to oocyte retrieval; Period 2, one year prior to oocyte retrieval; Period 3, two years prior to oocyte retrieval.

## 289 3.2 Regression Results

As shown in Table 3, we listed multivariate-adjusted ORs of four ART 290 pregnancy outcomes perturbed by ambient air pollutants exposures during 291 three exposure windows. Overall, we found negative and significant 292 relationships of exposures to PM<sub>10</sub>, PM<sub>2.5</sub>, CO and SO<sub>2</sub> with health outcomes in 293 different exposure windows, whereas O<sub>3</sub> or NO<sub>2</sub> exposure presented 294 significantly inverse associations except for live birth. To be specific, we 295 observed associations of exposures to PM<sub>10</sub> and PM<sub>2.5</sub> in Periods 2 and 3 with 296 a low likelihood of achieving pregnancy in undergoing embryo transfers while 297 null associations with pregnancy loss and live birth. For PM<sub>2.5</sub>, an IQR increase 298 in PM<sub>2.5</sub> in Period 2 (15.18  $\mu$ g/m<sup>3</sup>) was related to 7.82% and 7.51 % decrements 299 in the likelihood of clinical pregnancy (aOR: 0.92, 95% CI: 0.88-0.97) and 300 biochemical pregnancy (aOR: 0.92, 95% CI: 0.88-0.97), respectively, while 301 during Period 3 (17.23  $\mu$ g/m<sup>3</sup>), it was related to a respective 10.00% and 9.63 % 302 reduction in the likelihood of clinical pregnancy (aOR: 0.90, 95% CI: 0.85–0.95) 303 and biochemical pregnancy (aOR: 0.90, 95% CI: 0.85–0.96). The similar results 304 were also observed for CO and SO<sub>2</sub> (Table 3). For instance, for CO, the odds 305 were decreased by 10.6% (aOR: 0.89, 95% CI: 0.84-0.95) for clinical 306 pregnancy and by 8.66% (aOR: 0.91, 95% CI: 0.86-0.97) for biochemical 307 pregnancy. While null associations were observed for pregnancy loss and live 308 309 birth in Period 2. For O<sub>3</sub> exposure, in Period 1, there were significant and negative relationships of O<sub>3</sub> with live birth, while significant and positive 310

- associations with the rest health outcomes and we observed similar results for
- 312 NO<sub>2</sub> in Period 2.

## 313 Table 3. Relationship between exposure to ambient air pollutants and pregnancy outcomes during 3 exposure windows

| Period <sup>b</sup> | Period <sup>b</sup> Pollutant |         | ochemical Pregnancy  |         | Clinical pregnancy |         | Pregnancy Loss       |         | Live Birth           |  |
|---------------------|-------------------------------|---------|----------------------|---------|--------------------|---------|----------------------|---------|----------------------|--|
|                     |                               | β       | aOR (95% <i>Cl</i> ) | β       | aOR (95% CI)       | β       | aOR (95% <i>Cl</i> ) | β       | aOR (95% <i>CI</i> ) |  |
|                     | PM <sub>10</sub>              | -0.0010 | 0.96 (0.91, 1.01)    | -0.0012 | 0.95 (0.90, 1.01)  | -0.0008 | 0.97 (0.87, 1.07)    | 0.0008  | 1.03 (0.93, 1.14)    |  |
|                     | PM <sub>2.5</sub>             | -0.0013 | 0.96 (0.91, 1.02)    | -0.0017 | 0.95 (0.90, 1.01)  | -0.0016 | 0.95 (0.86, 1.06)    | 0.0016  | 1.05 (0.94, 1.17)    |  |
| Doriod 1            | O₃-8 h                        | 0.0017  | 1.08 (1.01, 1.15)    | 0.0023  | 1.11 (1.04, 1.19)  | 0.0030  | 1.14 (1.01, 1.30)    | -0.0030 | 0.87 (0.77, 0.99)    |  |
| Fellou I            | CO                            | -0.1658 | 0.96 (0.91, 1.01)    | -0.2420 | 0.94 (0.89, 0.99)  | -0.0577 | 0.99 (0.90, 1.08)    | 0.0577  | 1.01 (0.93, 1.11)    |  |
|                     | SO <sub>2</sub>               | -0.0110 | 0.89 (0.85, 0.94)    | -0.0143 | 0.86 (0.81, 0.91)  | -0.0002 | 1.00 (0.91, 1.10)    | 0.0002  | 1.00 (0.91, 1.10)    |  |
|                     | NO <sub>2</sub>               | 0.0038  | 1.05 (1.00, 1.11)    | 0.0037  | 1.05 (1.00, 1.11)  | -0.0016 | 0.98 (0.89, 1.08)    | 0.0016  | 1.02 (0.93, 1.13)    |  |
|                     | PM <sub>10</sub>              | -0.0025 | 0.94 (0.90, 0.99)    | -0.0026 | 0.94 (0.90, 0.99)  | 0.0003  | 1.01 (0.92, 1.10)    | -0.0003 | 0.99 (0.91, 1.08)    |  |
|                     | PM <sub>2.5</sub>             | -0.0051 | 0.92 (0.88, 0.97)    | -0.0054 | 0.92 (0.88, 0.97)  | 0.0016  | 1.02 (0.94, 1.12)    | -0.0016 | 0.98 (0.89, 1.07)    |  |
| Period 2            | O₃-8 h                        | 0.0058  | 1.17 (1.09, 1.25)    | 0.0076  | 1.23 (1.15, 1.32)  | 0.0038  | 1.10 (0.97, 1.25)    | -0.0038 | 0.91 (0.80, 1.03)    |  |
|                     | CO                            | -0.4541 | 0.91 (0.86, 0.97)    | -0.5619 | 0.89 (0.84, 0.95)  | -0.1222 | 0.98 (0.87, 1.09)    | 0.1222  | 1.02 (0.92, 1.14)    |  |
|                     | SO <sub>2</sub>               | -0.0100 | 0.90 (0.84, 0.95)    | -0.0121 | 0.88 (0.82, 0.93)  | -0.0026 | 0.97 (0.87, 1.09)    | 0.0026  | 1.03 (0.92, 1.15)    |  |
|                     | NO <sub>2</sub>               | 0.0061  | 1.04 (1.00, 1.07)    | 0.0062  | 1.04 (1.00, 1.07)  | 0.0072  | 1.04 (1.00, 1.09)    | -0.0072 | 0.96 (0.91, 1.00)    |  |
| Period 3            | PM <sub>10</sub>              | -0.0031 | 0.92 (0.87, 0.97)    | -0.0031 | 0.92 (0.87, 0.97)  | -0.0009 | 0.98 (0.89, 1.08)    | 0.0009  | 1.02 (0.93, 1.13)    |  |
|                     | PM <sub>2.5</sub>             | -0.0059 | 0.90 (0.85, 0.96)    | -0.0061 | 0.90 (0.85, 0.95)  | -0.0006 | 0.99 (0.89, 1.10)    | 0.0006  | 1.01 (0.91, 1.12)    |  |

## 314 among patients undergoing assisted reproductive technology <sup>a</sup>

315 Abbreviations: PM<sub>2.5</sub>, particulate matter with an aerodynamic diameter of 2.5 µm or less; PM<sub>10</sub>, particulate matter with an aerodynamic diameter

316 of 10 µm or less; SO<sub>2</sub>, sulfur dioxide; CO, carbon monoxide; O<sub>3</sub>-8 h, 8 h maximal ozone; NO<sub>2</sub>, Nitrogen dioxide.

<sup>317</sup> <sup>a</sup> Effects on pregnancy outcomes are presented as adjusted OR (aOR) and 95% confidence intervals (CIs) per IQR increase in concentrations of <sup>318</sup> each air pollutant.

<sup>319</sup> <sup>b</sup> Periods 1, 2 and 3 indicate the exposure periods shown in Figure. 2. Period 1, 90 days prior to oocyte retrieval; Period 2, one year prior to

320 oocyte retrieval; Period 3, two years prior to oocyte retrieval.

Because we found these associations occurred in Period 2 were more 321 evident, we derived the risk estimates during this exposure window in 322 subsequent analyses. In stratification analyses, the odds of PM<sub>10</sub> and PM<sub>2.5</sub> in 323 Period 2 with biochemical pregnancy and clinical pregnancy were lower during 324 warm season than cold season [(for biochemical pregnancy: PM<sub>10</sub>: 0.93 vs. 325 0.96 per IQR; PM<sub>2.5</sub>: 0.91 vs. 0.94 per IQR; CO: 0.86 vs. 0.98 per IQR; and SO<sub>2</sub>: 326 0.88 vs. 0.91 per IQR); for clinical pregnancy: PM<sub>10</sub>: 0.93 vs. 0.95 per IQR; 327 PM<sub>2.5</sub>: 0.91 vs. 0.94 per IQR; CO: 0.84 vs. 0.96 per IQR; and SO<sub>2</sub>: 0.85 vs. 0.90 328 329 per IQR)] (Figure 3). The between-group differences for PM<sub>2.5</sub> in Period 1 and 2 and PM<sub>10</sub> in Period 2 on live birth and pregnancy loss reached statistical 330 significance. We observed the same results during Periods 3 (Table S4). We 331 further observed higher decreased odds in warm season for CO in Period 2 332 (*P*<0.05 for all comparisons on biochemical pregnancy and clinical pregnancy) 333 and SO<sub>2</sub> in Periods 1 and 2 (P<0.05 for all comparisons on pregnancy loss and 334 live birth) (Figure 3 and Table S3). Further stratification by age of patients 335 revealed significantly stronger associations for lower rates of clinical pregnancy 336 337 in patients aged 32 years or younger with exposures to PM<sub>10</sub>, PM<sub>2.5</sub> and SO<sub>2</sub> in Period 2 (Figure 4). We also observed similar results in the other two exposure 338 windows (Table S5 and Table S6). Although all between-strata differences for 339 O<sub>3</sub> exposure in Period 1 were not statistically significant, we still observed that 340 patients aged 32 years or older tended to have lower odds for live birth (aOR: 341 0.81) and higher odds for pregnancy loss (aOR: 1.23) (Table S5). Another 342

stratification by type of embryo (fresh vs. frozen) revealed that negative 343 associations of PM<sub>10</sub>, PM<sub>2.5</sub>, SO<sub>2</sub> and CO with biochemical/clinical pregnancy 344 were only observed in patients with frozen embryo transfer (Figure 5). Take SO<sub>2</sub> 345 in Period 2 for instance, the risks for biochemical pregnancy and clinical 346 pregnancy were significantly lower among patients receiving frozen embryo 347 transfer than those with fresh embryo transfer (biochemical pregnancy: 0.85 vs. 348 0.98 per IQR; clinical pregnancy: 0.83 vs. 0.98 per IQR, P<0.05 for all 349 comparisons) (Figure 5). Similar associations of PM<sub>10</sub> and PM<sub>2.5</sub> were also 350 351 observed in Period 2 and 3 (Figure 5 and Table S8). In contrast to the aforementioned findings, we found O<sub>3</sub> and NO<sub>2</sub> exposures in Period 1 and 2 352 were associated with a higher possibility of biochemical pregnancy and clinical 353 354 pregnancy in frozen embryo transfer patients, while with a lower possibility of O<sub>3</sub> on live birth in fresh embryo transfer patients (Figure 5 and Table S7). 355 Further stratification by the type of infertility revealed that higher PM<sub>10</sub>, PM<sub>2.5</sub>, 356 SO<sub>2</sub> and CO exposures were associated with lower odds of biochemical 357 pregnancy and clinical pregnancy in primary infertility subjects than those who 358 were secondary infertility; inversely, higher O<sub>3</sub> exposure was correlated with a 359 higher possibility of biochemical pregnancy and clinical pregnancy (Table S9). 360 Patients who had normal BMI, were in employment, or had a high school 361 education showed larger risks of adverse pregnancy outcomes; there was a 362 significant between-strata difference for PM<sub>10</sub> on biochemical pregnancy in 363 patients with high school level (P = 0.049) (Table S10 and Table S12). 364

Stratification analysis by number of embryo transfer showed lower odds of biochemical pregnancy and clinical pregnancy in patients who transferred one embryo in Period 2 (Table S13). We also observed significant between-strata differences in clinical pregnancy for SO<sub>2</sub> during Period 2 among patients with transferred one embryo (P = 0.015) (Table S13).

We further conducted two-pollutant regression models by controlling for two pollutants with a correlation coefficient less than 0.7 (Table S2). The results from two-pollutant models for the effects of NO<sub>2</sub>, CO and SO<sub>2</sub> did not substantially change, suggesting minimal confounding from each other (Table S14). However, after controlling for O<sub>3</sub>, the magnitude (i.e., the size of ORs) of the associations of PM<sub>10</sub>, PM<sub>2.5</sub>, CO and SO<sub>2</sub> concentrations increased (Table S14).

Lastly, to explore the effects of COVID-19 lockdowns, we conducted another sensitivity analysis excluding the year 2020 (Table S15). After excluding the year 2020, the results did not significantly change, indicating the robustness of our main regression models.

## 381 **Discussion**

This retrospective longitudinal cohort study demonstrated that significant relationships between ambient air pollutants (PM<sub>10</sub>, PM<sub>2.5</sub>, SO<sub>2</sub> and CO) exposures during the period of interest and increased risks of adverse pregnancy outcomes in patients undergoing ART, especially during one entire

year exposure before oocyte retrieval. Surprisingly, throughout the analyses, 386 O<sub>3</sub> and NO<sub>2</sub> had a significantly positive relationship with biochemical pregnancy 387 and clinical pregnancy, suggesting it plays seemingly potential 'protective' role 388 in the risk of pregnancy outcomes. We found stronger associations among 389 patients aged <32 years, with frozen transferred embryos, normal BMI, 390 employed status, a high school degree, primary infertility, transferred one 391 embryo and in the warm season. To our knowledge, this is one of the limited 392 retrospective cohort investigations that has systematically explored the roles of 393 394 outdoor air pollutants exposure in the risk of ART results by using individuallevel database, and this is the first study in Eastern China that has explored the 395 modification effects of seasons in pollutants-associated ART pregnancy 396 397 outcomes. And our findings also provided additional evidence to the unfavorable reproductive effects of air pollution and the relevant time course 398 which underscores the continuing efforts for controlling the air pollution. 399

400 In this study, we observed that significant associations of PM<sub>2.5</sub>, PM<sub>10</sub>, SO<sub>2</sub> and CO exposures with decreased likelihood of pregnancy, which is consistent 401 with existing publication.<sup>21,41-43</sup> For example, an exploratory retrospective 402 cohort study of 1,139 IVF attempts with 518 clinical pregnancy in Chengdu from 403 2014 to 2019 showed that PM<sub>2.5</sub>, PM<sub>10</sub>, NO<sub>2</sub>, SO<sub>2</sub> and CO was negatively 404 associated with biochemical pregnancy and clinical pregnancy rate, while O<sub>3</sub> 405 was positively associated with the two outcomes.<sup>42</sup> Nevertheless, two research 406 reported null association of PM<sub>2.5</sub> with pregnancy loss, live birth and clinical 407

pregnancy from oocyte retrieval to embryo transfer.<sup>31,44</sup> As for O<sub>3</sub> and NO<sub>2</sub>, we 408 observed contrast results as a positive effect of O<sub>3</sub> and NO<sub>2</sub> but a negative 409 effect of PM<sub>2.5</sub>. In addition, compared with the other two exposure windows, the 410 impacts of particulate matter (PM) (PM<sub>2.5</sub> and PM<sub>10</sub>) were more evident in 411 Period 3, suggesting that long-term exposure to PM<sub>2.5</sub> and PM<sub>10</sub> is likely to 412 cause biological changes such as systemic oxidative stress, endocrine 413 dysfunction and epigenetic changes,<sup>45</sup> which may further lead to adverse 414 maternal effects such as decreased placental function.<sup>46</sup> 415

416 Interestingly, the correlation between **O**<sub>3</sub> concentration and biochemical/clinical pregnancy is opposite to the results for other pollutants. 417 Specifically, exposure to O<sub>3</sub> increased the likelihood of biochemical pregnancy 418 and clinical pregnancy in both single- and two-pollutant models, which is in line 419 with two previous investigations performed in China.<sup>21,42</sup> In fact, the formation 420 of near-surface O<sub>3</sub> is another secondary pollutant in air formed from the 421 interaction of precursor pollutants (i.e., nitrogen oxide, volatile organic 422 compounds, and CO) with sunlight.<sup>47</sup> Thus, negatively correlation of near-423 surface O<sub>3</sub> concentration with concentrations of those precursors. As for NO<sub>2</sub>, 424 two studies reported adverse correlation between NO<sub>2</sub> exposure and 425 intrauterine pregnancy in ART treatment,<sup>43,48</sup> while another publication 426 observed null association.<sup>31</sup> Interestingly, we observed positive association of 427 NO<sub>2</sub> with ART outcomes. Thus, the contradictory results of NO<sub>2</sub> and O<sub>3</sub> for ART 428 pregnancy outcomes need further investigation to confirm. 429

The stratified analyses revealed significant evidence of type of embryo 430 transfer heterogeneity in the relationships of PM10, PM2.5, SO2, and CO 431 exposures with health outcomes in patients receiving frozen embryo transfers 432 (FET). In line with this finding, one recent publication indicated that participants 433 who received FET were more affected following ambient air pollution.<sup>21</sup> One 434 retrospective cohort study conducted in Xiamen, China also found that SO<sub>2</sub> and 435 O<sub>3</sub> exposures were significantly correlated to live birth rates in frozen cycles.<sup>26</sup> 436 However, Shi et al found that the higher level of PM<sub>10</sub> (the median of PM<sub>10</sub> was 437 50  $\mu$ g/m<sup>3</sup> approximately) could decrease the rates of live birth in fresh cycles 438 but not affect the FET outcomes.<sup>20</sup> We speculate that the different exposure 439 concentration and the inconsistent method for endometrium preparation in 440 ovulatory patients may lead to this discrepancy.<sup>49</sup> 441

Female reproductive aging is an important factor leading to adverse 442 pregnancy outcomes, as the lower oocyte quantity and quality as well as uterine 443 and placental dysfunctions with age will further result in infertility.<sup>50</sup> We also 444 observed significant difference between age groups. In our study, stronger 445 associations of pregnancy outcomes were observed in patients with aged < 32446 years but not in above age 32. Consistent with this finding, a retrospective study 447 included 2,020 IVF-FET patients in Zhengzhou of China reported that the 448 detrimental impacts of pollutants were much apparent in participants below age 449 32 years.<sup>51</sup> The abovementioned findings indicated that younger participants 450 especially those under the age of 32 might be more subjected to air pollution. 451

Therefore, these effects on IVF/ICSI pregnancy outcomes following air pollutants exposures are possibly masked by age-related adverse effects,<sup>52</sup> which means vulnerable groups especially these younger participants should be paid more attention to air pollution and the corresponding preventative measures should be taken to minimize the harm induced by environmental pollution.

The modification of season on the association of air pollution with IVF/ICSI 458 pregnancy outcomes has not yet been fully elucidated. Interestingly, we 459 observed significant evidence of season heterogeneity in the associations 460 between pollutants exposure and pregnancy outcomes in ART patients. 461 Specifically, PM<sub>10</sub>, PM<sub>2.5</sub> and CO exposures were significantly associated with 462 decreased odds of biochemical pregnancy and clinical pregnancy in warm 463 seasons but not in cold seasons. Some studies have reported that heat 464 exposure related to climate change could cause the higher risk of numerous 465 adverse pregnancy outcomes (preterm birth, ect) in natural conception 466 patients.<sup>53-55</sup> Unlike ours and the abovementioned findings, Guo and colleagues 467 observed stronger associations between PM<sub>2.5</sub> and pregnancy outcomes in 468 cold season;<sup>56</sup> and Correia and colleagues found that warmer temperature at 469 oocyte retrieval could increase the odds of clinical pregnancy.<sup>57</sup> On one hand, 470 this discrepancy is possibly resulted from seasonal and geographical variations 471 of pollutants exposure levels, different meteorological conditions and different 472 living habits of subjects. On the other hand, seasonality factors are correlated 473

with ovarian function and oocyte quality. Further, stronger associations in
primary infertility patients or in employed patients were also found in our study.
It is probable that employed participants usually spend more time outside during
the day and undergo emotional stress like anxiety, further making them be more
liable to be affected by ambient air pollution than those unemployed participants.
Moreover, area level SES and urbanicity can also affect urban pollution levels.

Moreover, we found significant associations in patients who underwent 480 single embryo transfer but almost null associations in patients following two or 481 482 three embryo transfers, which is partly explained by the higher rates of pregnancy and live birth after two/three transferred embryos, and in turn making 483 the contributions from air pollutants on ART pregnancy outcomes less relevant. 484 Together with the similar finding from one study of Shanghai, China, this 485 phenomenon implied that patients following single transferred embryo tend to 486 be larger risks of adverse pregnancy outcomes following air pollutants 487 exposures. Another interestingly finding is that we found normal-BMI patients 488 with lower rates of biochemical/clinical pregnancy perturbed by air pollutants 489 exposure, while null association was observed in abnormal-BMI (overweight or 490 underweight) patients. As far as we know, few literatures have addressed this 491 critical question. Some reported that the BMI of ART women did not affect 492 clinical pregnancy outcomes and live birth rates,<sup>58-60</sup> while others reported 493 underweight women had lower rates of clinical pregnancy<sup>61</sup> and live birth as 494 well as a higher rate of pregnancy loss;<sup>62</sup> and thus suggests the necessity of 495

further research to confirm the role of BMI. To date, the role of women's 496 educational level in the air pollution associated with assisted reproductive 497 outcomes is still scare and further investigations were warranted. What's more 498 we found the examined pollutants except  $O_3$  exposures were negatively 499 correlated to biochemical pregnancy and clinical pregnancy in group with a high 500 school education. However, Cantarutti et al reported high education women 501 who had lower adverse pregnancy outcomes were at a higher likelihood of 502 some disadvantageous neonatal outcomes.<sup>63</sup> In sum, despite our findings from 503 these stratified analyses were interesting, they must be interpreted with caution 504 and need independent confirmations. 505

Due to climbing rates of infertility, our results may help explain the women's 506 reproductive health that were responsible for the adverse effects of air pollution, 507 which further help physicians and vulnerable individuals to better manage the 508 reproductive health and to take proper precautions. Possible mitigation actions 509 510 include avoiding going outdoors when encountering days of heavy air pollution or in the warm season especially in heavy polluted days, staying indoors with 511 512 opening air purification system, changing unhealthy lifestyle, strengthening reproductive viability monitoring, timely regulating treatment program, using 513 preventive adverse pregnancy outcomes medicine, and extending preventive 514 measures against air pollution at least one year before receiving ART treatment. 515 516 In addition, more need should be paid to those younger women child-bearing age, employed women and women with transferred one embryo and FET. 517

This study has several strengths. First, for all we know, this was one of the 518 limited investigations to discuss the chronic relationship of outdoor air pollution 519 520 with ART results in mainland China. Second, the air pollution data at the monthly time scale which were generated from the big dataset by using artificial 521 intelligence with a view of the spatial-temporal variability of air pollution. We 522 then linked residential locations by the longitude and latitude coordinates, 523 mismatch of exposures and outcomes and assisting in 524 minimizing characterizing the lag pattern at submonthly timescales. Third, our health data 525 526 of IVF or ICSI patients were obtained from standardized, validated, and detailed clinical records covering major patients of Hefei. And the large sample size with 527 more than 10,000 contributes to increasing the statistical certainty in the 528 529 estimation of the effect. Forth, we performed a wide variety of stratified analyses which allows us to relatively comprehensively detect the potential modifiers in 530 the associations. 531

532 There were also important limitations that must be taken into account. First, only health data of one hospital in Hefei were included, which may have 533 534 made our results less representativeness of the study population and limited the generalization to other Chinese population and to population from other 535 areas. Second, our results should be interpreted with caution due to the 536 retrospective nature of the study design. Future well-designed studies such as 537 prospective cohort study should be performed to confirm our current findings. 538 Third, exposure misclassification may be unavoidable due to lack of personal 539

monitoring device and time-location activity pattern information (i.e., exposure 540 during commuting and indoor/outdoor duration). It would be too costly and 541 logistically prohibitive to conduct detail exposure measurement in a large 542 population study as ours. However, our exposure predictions assigned at a 1x1 543 km resolution potentially minimized the magnitude of such misclassified 544 exposures. Finally, unavailable information on confounders (i.e., smoking, 545 alcohol intake and household heating) and other area-specific indicators (i.e., 546 greenness and urbanicity) limited opportunity to identify more interesting 547 findings. 548

## 549 **Conclusions**

This individual-level retrospective longitudinal cohort study found that 550 ambient air pollutants exposures were significantly associated with increased 551 adverse pregnancy outcomes among women undergoing ART. These observed 552 associations were more evident in one year exposure before oocyte retrieval. 553 The aforementioned results were more obvious in women who were below age 554 32 years, employed person, had normal BMI, had transferred one embryo, in 555 FET, or in warm season. The evidence presented herein suggests the need for 556 vigilance regarding to air pollution among younger women of child-bearing age 557 and FET and women who are planning to have a baby at least one year before 558 undergoing ART. Considering the high infertility rates in China, our results also 559 560 provided significant evidence for modifiable environment stimulus of adverse ART adverse pregnancy outcomes that would help for prevention in high-risk 561

562 individuals with women needing ART.

## 563 Abbreviations

| ART               | Assisted reproductive technology |
|-------------------|----------------------------------|
| PM <sub>2.5</sub> | Fine particulate matter          |
| PM <sub>10</sub>  | Suspended particulate matter     |
| O <sub>3</sub>    | Ozone                            |
| SO <sub>2</sub>   | Sulfur dioxide                   |
| NO <sub>2</sub>   | Nitrogen dioxide                 |
| СО                | Carbon oxide                     |
| CHAP              | ChinaHighAirPollutants           |
| BMI               | Body mass index                  |
| WHO               | World Health Organization        |
| IVF               | In vitro fertilization           |
| ICSI              | Intracytoplasmic sperm injection |
| FET               | Frozen embryo transfer           |
| COS               | Controlled ovarian stimulation   |
| HCG               | Human chorionic gonadotropin     |
| AOD               | Aerosol optical depth            |
| SD                | Standard deviation               |
| aORs              | Adjusted odds ratios             |
| Cls               | Confidence intervals             |
| β                 | Estimates                        |
| IQR               | Interquartile range              |
| VIF               | Variance inflation factors       |
|                   |                                  |

564

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## 567 **CRediT authorship contribution statement**

- 568 **Miao Fang:** Methodology, Formal analysis, Investigation, Software, Writing -original
- <sup>569</sup> draft. **Qi Guo:** Formal analysis, Investigation, Writing -original draft. **Cunzhong Jiang:**

- 570 Data curation. Lin Miao: Methodology. Liyan Yang: Validation. Zexi Wu: Software.
- 571 Xiangyu Yao: Visualization. Feng Ni: Conceptualization, Resources, Supervision,
- 572 Project administration, Writing review & editing. Zhijing Lin: Conceptualization,
- 573 Methodology, Supervision, Funding acquisition, Writing review & editing. Dexiang
- 574 **Xu:** Resources, Supervision.

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#### 578 Availability of data and materials

579 The data generated in this study are not publicly available due to privacy or ethical 580 restrictions.

#### 581 **Declaration**

- 582 Ethics approval and consent to participate
- 583 This study was approved by the Biomedical Institutional Review Board of the Anhui
- 584 Medical University, with a waiver of informed consent.

#### 585 **Consent for publication**

586 Not applicable.

#### 587 **Competing interests**

- 588 The authors declare that they have no known competing financial interests or personal
- relationships that could have appeared to influence the work reported in this paper.

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820

## 821 Figure Legends



822

## 823 **Figure 1. The flow diagram of the participants' enrollment.** Abbreviations:

824 ART, assisted reproductive technology; IVF, In vitro fertilization; ICSI, intracytoplasmic

sperm injection; AI, artificial insemination.



826

## 827 Figure 2. The defined exposure windows of ART stages for this study.

#### 828 Abbreviations: ART, assisted reproductive technology.



Figure 3. Relationship of air pollutants with pregnancy outcomes in 830 patients undergoing assisted reproductive technology during Period 2 831 stratified by season. The associations are presented as adjusted odds ratio (OR) 832 833 and 95% confidence interval (CI) of pregnancy outcomes associated with each interquartile range increase in air pollutants concentrations during Period 2 stratified 834 by season [cold (October to March; n=5,258) vs warm (April to September; n=6,710)]. 835 aOR dif. represents the differences between subgroups. \*(P<0.05), \*\*(P<0.01) and 836 \*\*\*(P<0.001) indicate statistically significant association between exposures to six air 837 pollutants and pregnancy outcomes in each group. P < 0.05 means significant 838 between-subgroup difference. Abbreviations as in Table 2. 839

840



Figure 4. Relationship of air pollutants with pregnancy outcomes in 842 patients undergoing assisted reproductive technology during Period 2 843 stratified by female age. The associations are presented as adjusted odds ratio 844 (OR) and 95% confidence interval (CI) of pregnancy outcomes associated with each 845 interquartile range increase in air pollutants concentrations during Period 1 stratified 846 847 by age [<32 (n=6,069) vs  $\geq$  32 (n=5,899)]. aOR dif. represents the differences between subgroups. \*(P<0.05), \*\*(P<0.01) and \*\*\*(P<0.001) indicate statistically significant 848 association between exposures to five air pollutants and pregnancy outcomes in each 849 group. P < 0.05 means significant between-subgroup difference. Abbreviations as in 850 851 Table 2.



Figure 5. Relationship of air pollutants with pregnancy outcomes in 854 patients undergoing assisted reproductive technology during Period 2 855 stratified by the type of embryo transfer. The associations are presented as 856 adjusted odds ratio (OR) and 95% confidence interval (CI) of pregnancy outcomes 857 associated with each interguartile range increase in air pollutants concentrations 858 during Period 2 stratified by type of embryo transfer [fresh (n=5,029) vs frozen 859 (n=6,939)]. aOR dif. represents the differences between subgroups. \*(P<0.05), 860 \*\*(P<0.01) and \*\*\*(P<0.001) indicate statistically significant association between 861 exposures to five air pollutants and pregnancy outcomes in each subgroup. P < 0.05862 means significant between-subgroup difference. Abbreviations as in Table 2. 863

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