

The Impact of Pesticides on Parkinson's Disease; A Case-Control Study

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1 **The Impact of Pesticides on Parkinson's Disease; A Case-**
2 **Control Study**

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25

26

27 **Abstract**

28 **Background:** Parkinson's disease (PD) is a complex disorder that arises from
29 genetic and environmental factors. The current investigation endeavors to
30 investigate the role of exposure to organochlorines (OCPs) and
31 organophosphate pesticides (OPPs), recognized as the main environmental
32 elements, in the genesis of PD.

33 **Methods:** In this case-control study, 29 PD patients and 51 healthy subjects
34 (controls) were involved. Gas chromatography (GC) was performed to
35 measure the serum levels of organochlorine chemicals (2,4-DDT, 4,4-DDT,
36 2,4-DDE, 4,4-DDE, α -HCH, β -HCH, and γ -HCH). Furthermore,
37 acetylcholinesterase (AChE) activity, arylesterase activity of paraoxonase-1
38 (PON-1), and several oxidative stress (OS) markers were assessed.

39 **Results:** The levels of OCPs in the PD patients were significantly higher than
40 in the control subjects. In addition, AChE activity, arylesterase activity of
41 PON-1, catalase (CAT) activity, and superoxide dismutase 3 (SOD3) activity
42 in PD patients were significantly less than controls. Although the levels of
43 carbonyl protein (CP), total antioxidant capacity (TAC), malondialdehyde
44 (MDA), and nitric oxide (NO) in PD patients were higher than the controls.

45 **Conclusion:** The findings of this investigation have indicated that OCPs and
46 OPPs exposure could contribute to the development of Parkinson's disease.
47 This potential linkage could either be established through the direct impact
48 of these pesticides on the nervous system, leading to neurotoxicity, or via an
49 indirect route through the triggering of OS.

50 **Keywords:** Organochlorine pesticides, Organophosphorus pesticides,
51 Parkinson's disease, Oxidative stress, Pesticide exposure.

52 **LIST OF ABBREVIATIONS:** PD; Parkinson's Disease, AChE; Acetylcholine
53 Esterase, BMI; Body Mass Index, GC; Gas Chromatography, OS; Oxidative
54 Stress, PON-1; Paraoxonase-1, RBC; Red Blood Cell, TAC; Total Antioxidant
55 Capacity. CP, Carbonyl Protein, SOD; Superoxide Dismutase, GPx;
56 Glutathione Peroxidase, CAT; Catalase, OCP; Organochlorine Pesticide, α -
57 HCH; Alpha-hexachlorocyclohexane, β -HCH; Beta-hexachlorocyclohexane, γ -
58 HCH; Gamma-hexachlorocyclohexane, 2,4-DDE; 2,4
59 Dichlorodiphenyldichloroethylene, 4,4-DDE; 4,4
60 Dichlorodiphenyldichloroethylene, 2,4-DDT; 2,4
61 Dichlorodiphenyltrichloroethane, 4,4-DDT; 4,4
62 Dichlorodiphenyltrichloroethane, OPPs; Organophosphate Pesticides.

63

64 **1. Introduction**

65 Parkinson's disease (PD) is considered the 2nd most prevalent
66 neurodegenerative disorder resulting from loss of function and structure of

67 dopaminergic neurons in the substantia nigra of the midbrain (1). Both motor
68 symptoms (e.g. resting tremors, rigidity, bradykinesia, and postural
69 instability) and non-motor manifestations (e.g. psychosis, sensory symptoms,
70 autonomic dysfunction, and sleep disturbance) are described as the main
71 characteristics of the disease (1). Although the current estimated prevalence
72 of the disease is 0.1-0.2% worldwide (2), the main cause of PD is largely
73 unknown. Nevertheless, it is believed that PD is a multifactorial disease
74 resulting from the combined impact of environmental and genetic factors.
75 Exposure to toxic chemicals and head injuries can increase the risk of PD,
76 while certain lifestyle factors may reduce it (3).

77 Pesticide exposure is assumed to be one of the main environmental factors
78 leading to PD (4). These chemicals, which are frequently used to control or
79 exterminate pests, are classified based on the presence of active substances
80 such as carbamates, chlorinated hydrocarbons, and organophosphates (5).
81 Indeed, synthetic and organic pesticides are classified into three main groups
82 based on their structure, including organophosphates, organochlorines, and
83 organonitrogens (6). The organophosphate pesticides (OPPs), which are
84 widely used all over the world, are derivatives of phosphoric acid esters able
85 to cause chronic and acute toxic effects in non-target organisms (5, 6). One
86 of the acute effects of these pesticides is neurotoxicity, and the usual target
87 is acetylcholinesterase (AChE) (6). AChE causes the breakdown of
88 acetylcholine in synapses after nerve impulses. Meanwhile, exposure to OPPs
89 inhibits AChE activity via phosphorylation of the hydroxyl group of serine at

90 the active site (7). Recent studies have shown that AChE activity and,
91 therefore, acetylcholine levels change in patients with PD (8, 9). These
92 pesticides can also inhibit paraoxonase-1 (PON1) activity (10). PON-1 (EC
93 3.1.8.1.) is a 355 amino acid glycoprotein with 3 activities, including
94 lactonase activity (against lactones and peroxides), paraoxonase activity
95 (hydrolyzing organophosphates such as paraoxon), and arylesterase activity.
96 The deficiency in PON-1 activity may cause oxidative stress and systemic
97 inflammation, as well as neurodegenerative diseases such as multiple
98 sclerosis, Alzheimer's disease (AD), PD, and amyotrophic lateral sclerosis
99 (ALS) (11). Moreover, organochlorines (OCPs), the other class of pesticides
100 that are lipophilic, chlorinated, aromatic, or aliphatic hydrocarbons with a
101 long environmental half-life, represent crucial hazardous properties (5).
102 Three main categories of OCPs, including dichlorodiphenyltrichloroethane
103 (DDT), hexachlorocyclohexanes (HCH), and chlorinated cyclodienes, could
104 disrupt the function of central (CNS) and peripheral nervous systems (PNS)
105 via the induction of neuronal depolarization in the PNS and/or interrupt
106 gamma-aminobutyric acid function in CNS (5, 12). In addition, OCPs such as
107 dieldrin may cause adverse consequences in the dopamine system (13).

108 Along with the direct destruction of neural activity, pesticides cause cellular
109 damage by disrupting the intracellular oxidative balance through the excess
110 production of reactive oxygen species (ROS) (14). ROS is considered one of
111 the pivotal factors in the progression of PD and other aging-related diseases
112 (15, 16). Indeed, it is widely suggested that oxidative stress can be associated

113 with a number of neurodegenerative diseases, such as PD, AD, ALS, and
114 Huntington's disease (16). Therefore, several studies have evaluated the level
115 of ROS and cellular antioxidant defenses in neurological pathological states.
116 Superoxide anion radicals, hydroxyl radicals, hydrogen peroxide, nitric oxide,
117 etc. are examples of destructive oxidative molecules that are physiologically
118 eliminated by the cooperation of a variety of antioxidant defenses such as
119 catalase (CAT), superoxide dismutase (SOD), glutathione peroxidase (GPx),
120 etc. (5, 14). Moreover, total antioxidant capacity (TAC) is one of the most
121 important parameters to measure the capability of cellular non-enzymatic
122 antioxidant defenses (5). Oxidative stress may also irreversibly generate
123 protein carbonyl derivatives (carbonyl proteins, CPs), including aldehydes
124 and ketones, through amino acid oxidation that may be implicated in
125 neurodegenerative diseases (17). In addition, the measurement of the level
126 of malondialdehyde (MDA), the most mutagenic end product of lipid
127 oxidation, is used to assess lipid peroxidation and oxidative stress intensity
128 (5).

129 Population growth, increasing demand for agricultural products, and limited
130 agricultural resources have led to an increase in the use of pesticides, which
131 may play a role in various disorders such as neurodegenerative diseases (4).
132 Therefore, in order to investigate the possible role of pesticides in PD, the
133 current study aimed to measure the concentrations of some OCPs such as
134 2,4-DDT, 4,4-DDT, 2,4-DDE, and 4,4-DDE, α -HCH, β -HCH, and γ -HCH, and

135 also the erythrocyte AChE and PON-1 activity, which indicates exposure to
136 OPPs, in patients with PD compared to the control group.

137 **2. Materials and Methods**

138 ***2.1. Subjects' ascertainment***

139 This case-control study was conducted to investigate the association between
140 pesticide exposure and PD. Out of 80 samples, 29 samples from Parkinson's
141 patients as case groups and 51 samples from healthy subjects as controls
142 were enrolled in this study. In this regard, patients and healthy subjects were
143 justified with the aims of the research scheme, and informed consent was
144 obtained. Then the demographic, clinical, age, and sex determination
145 checklist was completed.

146 The inclusion criteria for patients were the diagnosis of PD by a seasoned
147 neurologist based on the criteria of the International Parkinson and
148 Movement Disorder Society and also the manifestation of bradykinesia,
149 rigidity, and tremor. These criteria for control subjects were the absence of
150 a specific disease and receiving no medication. The patient's exclusion
151 criteria were cerebellar abnormalities, treatment with a dopamine receptor
152 blocker or dopamine-reducing agent consistent with drug-induced
153 parkinsonism, and diagnosis of alternative causes of parkinsonism that could
154 cause symptoms. The exclusion criteria for healthy participants specifically
155 required them to be disease-free and not on any medication.

156 ***2.2. Data Collection and Sampling***

157 Subjects were interviewed by a neurologist to provide demographic
158 characteristics including body mass index (BMI), family history, farming,
159 confirmation of the presence (patients) or absence (controls) of PD, and
160 disease duration (if PD exists). All participants were weighed barefoot on a
161 verified electronic scale, and the scale was recalibrated prior to each weigh-
162 in. A stadiometer was used to measure height, and BMI was calculated from
163 the weight (kg)/height (m)² formula.

164 10 mL of venous blood was collected from all participants, 500 microliters of
165 which were poured into tubes containing EDTA to assess AChE activity in red
166 blood cells, and the remainder was centrifuged at 750g for 7 minutes after
167 keeping it at room temperature and forming a clot. Separated serum samples
168 were stored in appropriate tubes at -70°C for further analysis.

169 ***2.3. Biochemical factors***

170 For the determination of serum levels of total cholesterol (TC), triglyceride
171 (TG), alanine aminotransferase (ALT), aspartate aminotransferase (AST),
172 creatinine, and high-density lipoprotein cholesterol (HDL-c), an autoanalyzer
173 (Selectra-XL, Vital Science; Netherlands) and standard kits (MAN Co.,
174 Tehran, Iran) were used in a standard laboratory setting, and the low-density
175 lipoprotein cholesterol (LDL-c) concentration was calculated using
176 Friedewald's formula:

$$177 \quad \text{LDL - c} = \text{Total cholesterol} - \left(\text{HDL cholesterol} + \frac{\text{Triglyceride}}{5} \right)$$

178

179 ***2.4. Assessment of OCPs exposure***

180 For measuring the OCP levels in the serum of subjects, the standards for the
181 analysis of 2,4- and 4,4-Dichlorodiphenyldichloroethylene (DDE), 2,4- and
182 4,4-Dichlorodiphenyltrichloroethane (DDT), and α -, β -, and γ -
183 Hexachlorocyclohexane (HCH) were supplied by Pestana (Dr. Ehrenstorfer
184 GmbH, Augsburg, Germany). 4,4-dichlorobenzophenone as the internal
185 standard was purchased from Supelco (Sigma-Aldrich, PA, USA) and
186 anhydrous sodium sulfate from ScharlauChemie (Barcelona, Spain). OCP
187 amounts were evaluated using the method described by Zumbado (18) with
188 certain modifications. Briefly, 20 μ L of the 1 mg/mL internal standard, 4,4-
189 dichlorobenzophenone was mixed with 500 μ L of serum. Then 2 ml of high-
190 purity n-hexane solvent (99.99 μ L) was added to the mixture, forming two
191 distinct phases. As OCPs are lipid-soluble compounds, the organochlorines
192 and the internal standard pass through the n-hexane phase. The upper phase
193 was transferred to another tube, and the process was repeated to ensure all
194 the desired amounts were extracted. Thereafter, 200 μ L of high-purity (99%)
195 sulfuric acid (H_2SO_4) was mixed with the second tube, which in turn led to
196 the formation of two phases. The upper layer was extracted, and 100 mg of
197 anhydrous sodium sulfate was added for the dehydrating extraction phase.
198 The mixture was then centrifuged at 750 g for 10 minutes, and the
199 supernatant was transferred to a glass tube where the solvent was
200 evaporated under a biochemical hood. After that, the sample was injected

201 into a gas chromatograph (GC) by adding 100 μ L of ethyl acetate and mixing
202 thoroughly. A sample injection of 1 μ L was then performed into the GC
203 (Agilent 7890A, USA) using capillary columns (HP-5) and a flame ionization
204 detector. The quantification standard was inspected at the beginning and end
205 of each run, and the limit of detection (LOD) was determined as the
206 composition concentration in the quantification standard divided by 3 times
207 the signal-to-noise ratio.

208 ***2.5. Erythrocyte Acetylcholine Esterase Activity Assay***

209 To measure erythrocyte AChE activity, the modified Ellman's method (14)
210 was used with reagents obtained from Sigma (Saint Louis, MO, USA),
211 including 5,5-dithio-bis-2-nitrobenzoic acid (DTNB), acetylcholine iodide, and
212 hyamine 1622. Briefly, normal saline was used to rinse 100 μ L of blood
213 sample three times and centrifuged to remove RBCs from plasma that might
214 interfere with the plasma isoform of AChE. Then the washed RBCs were
215 diluted with 6 mL of distilled water, and 100 μ L of the dilution was incubated
216 with the reaction buffer containing 20 μ M quinidine sulfate, DNTB (0.28
217 mmol), and 3.2 mmol of acetylcholine iodide at 37° C for 10 min. To terminate
218 the reaction, hyamine 1622 (1 mL) was added to the solution. DTNB,
219 chromophore, and the thiocholine generated from the reaction produced 5-
220 thio-2-nitrobenzoic acid, which has a maximum absorbance of 440 nm.

221 ***2.6. Measurement of PON-1 arylesterase activity***

222 Sigma (Saint Louis, MO, USA) supplied phenylacetate, which serves as a
223 substrate for the PON-1 enzyme. In order to measure the arylesterase activity
224 of this enzyme in serum, the procedure proposed by Bobin-Dubigeon *et al.*
225 (19) has been recruited. The method comprises measuring phenylacetate
226 hydrolysis as an indicator of enzyme activity. Specifically, 100 μ L of serum
227 was mixed with 2 mM calcium chloride, 2 mM substrate, and 100 mM TRIS-
228 HCl (pH 8.0), followed by incubation at 37 °C for three minutes. The
229 hydrolysis of the substrate was subsequently determined at 270 nm.

230 ***2.7. Measurement of Nitric Oxide***

231 To measure the level of NO in serum, the Griess method was implemented.
232 Initially, serum deproteinization was performed using 250 μ L of serum in the
233 presence of ZnSO₄ and 0.3M NaOH. Conversion of nitrate to nitrite was done
234 with vanadium (III) chloride (VCl₃), followed by Griess reagent (2%
235 sulphanilamide in 5% phosphoric acid and 0.1% N-(1-Naphthyl)
236 ethylenediamine dihydrochloride (NEDD) in deionized water) added to the
237 mixture. After incubation at 37°C for 30 minutes, the absorbance of the serum
238 was quantified at 540 nm (5).

239 ***2.8. Measurement of Malondialdehyde***

240 A modified version of the Yagis method (20) was employed to determine
241 serum MDA levels. Shortly, 125 μ L of serum was combined with 1.5 mL of
242 phosphoric acid and supplemented with 0.5 mL of thiobarbituric acid. The
243 mixture was then stirred and heated in boiling water for 4 minutes.

244 Afterward, 1 mL of n-butanol was added, and the test tube was centrifuged
245 at 750g for 10 min. The ensuing pink phase was isolated and analyzed for
246 MDA level at 532 nm using the tetraethoxypropane standard curve.

247 ***2.9. Determination of Carbonyl Proteins***

248 Levine *et al.* (21) were the trailblazers in measuring CPs by covalently
249 reacting them with 2,4-dinitrophenylhydrazine (DNPH). The process entailed
250 adding 125 μ L of serum and 500 μ L of 2,4-dinitrophenylhydrazine (10 mM in
251 2 M HCl) to each test tube. Next, 500 μ L of 20% trichloroacetic acid was
252 added and centrifuged for 3 minutes at 11,000 g. The resulting precipitates
253 were washed three times with ethanol-ethyl acetate (1:1), and the final
254 substance was dissolved in 6 M guanidine. The absorption of 2,4-
255 dinitrophenyl (DNP) hydrazone was measured at 370 nm.

256 ***2.10. Measurement of serum TAC***

257 Determination of TAC was performed utilizing a commercially available kit
258 (CAT No. NS-15012 Naxifer, Orumiyeh, Iran) that relies on the ability of
259 antioxidants to reduce the colorless ferric 2,4,6-Tri(2-pyridyl)-s-triazine (Fe
260 (III)-TPTZ) complex to blue ferrous (Fe (II)-TPTZ) at low pH, which was
261 quantified by determining the absorbance at 593 nm (5).

262 ***2.11. SOD3 Activity Assay***

263 The Ransod kit protocol (UK; Cat No. SD 125) was employed to assess the
264 total activity of SOD3, in which superoxide ions (O_2^-) generated by xanthine

265 oxidase (XOD) along with NitroBlue Tetrazolium (NBT) produce NBT-
266 diformazan with maximum absorbance at 560 nm. The conversion of
267 superoxide radical into hydrogen peroxide (H₂O₂) and oxygen (O₂) was
268 catalyzed by SOD3, and the activity of this enzyme was determined by
269 measuring the degree of reduction in the formation of NBT-diformazan due
270 to the decrease in the concentration of superoxide ions.

271 ***2.12. GPx3 Activity Assay***

272 GPx3 activity was assessed indirectly through a coupled reaction with
273 glutathione reductase (GR) using the Radox kit (UK; Cat No. RS504). GPx3
274 is the enzyme that triggers the oxidation of glutathione (GSH) in the presence
275 of cumene hydroperoxide. The oxidized glutathione (GSSG) is rapidly
276 converted to its reduced form by GR, and NADPH is concurrently oxidized to
277 NADP. The reduction in absorbance at 340 nm is then measured, enabling
278 the determination of GPx3 activity.

279 ***2.13. CAT Activity Assay***

280 The method previously described by Sinha (22) was applied to determine CAT
281 activity with reagents including 30 mM H₂O₂, phosphate buffer (50 mM; pH
282 7.4), dichromate/acetic acid solution (5% aqueous potassium dichromate
283 solution in distilled water, and 150 mL of Glacial (98-100%) acetic acid). In
284 this technique, the reduction of dichromate in acetic acid to chromic acetate
285 occurs on heating with H₂O₂, and the resulting chromic acetate was
286 measured at 570 nm using a spectrophotometer.

287 ***2.14. Quality Assurance and Quality Control***

288 Continuous quality assurance and quality control (QA/QC) assessments were
289 performed to ensure accurate quantification of OCPs. Analysis of all samples
290 (including samples, field blanks, and equipment blanks) was performed in
291 triplicate, and the results were presented as the mean of these three values.
292 To construct the calibration curves, a series of pesticide standard solutions
293 with specific concentrations (including 0.05, 0.1, 0.5, 0.75, 1, 2, 4, 8, 16, 25,
294 50, and 100 µg/L) was spiked in the pooled sample. Procedure blanks were
295 also prepared using ethyl acetate, which was analyzed to assess the column,
296 inlet, and contamination detector during injection and extraction, to detect
297 the possibility of the instrument's background contamination, and to
298 investigate cross-contamination.

299 ***2.15. Statistical analysis***

300 Depending on the type of variable, the mean \pm SD, or percentage, was used
301 to represent the data. To check the normality of the data, the Kolmogorov-
302 Smirnov test was employed. The qualitative and quantitative variables were
303 compared between the two groups using appropriate statistical tests such as
304 the Chi-square/Fisher's exact test or independent sample t-test/ Mann-
305 Whitney U-test. All analyses were conducted using SPSS 24, and comparisons
306 were considered statistically significant at the 5% level. It's worth noting that
307 all pesticides were detected above the LOD (limit of detection) determined
308 based on the slope of the calibration curve and the SD of the regression line.

309 **3. Results**

310 ***3.1. Demographic profile and biochemical parameters***

311 The demographic characteristics and biochemical factors are described in
312 Table 1. In this research, seven individuals were included as new patients,
313 fifteen participants who had been suffering from the condition for less than
314 two years, and seven individuals who had been battling the disease for more
315 than two years. The findings demonstrated that there was no significant
316 difference between the two groups in terms of age, gender, BMI, education
317 level, and history of farming. However, the fact that 62.1% of the PD patients
318 resided in the north of Kerman versus 37.9% in the southern regions of the
319 province demonstrated a significant difference between the two groups in
320 terms of the geographic distribution of the disease. ($P<0.05$). ALT, AST, total
321 protein, creatinine, triglycerides, TC, HDL-c, and LDL-c were also not
322 significantly different between the two groups ($P>0.05$).

323 ***3.2. The levels of OCPs***

324 A GC method was performed to measure the levels of OCPs. In order to
325 demonstrate the proper operation of the GC method, illustrations depicting
326 the chromatograph of both the control and the patient can be observed in
327 Figures 1A and 1B, respectively. Also, the obtained findings showed that the
328 level of all OCPs was significantly higher in the patient group compared to
329 the control group ($P<0.05$) (Figure 2).

330 ***3.3. Enzyme Activity and Oxidative Stress Parameters***

331 The comparison of patient groups with controls revealed that the activity of
332 AChE (5.08 ± 1.95 vs 7.64 ± 1.21 (U/L)), SOD3 (27.36 ± 11.37 vs $40.50 \pm$
333 16.06 (U/mL)), CAT (36.59 ± 4.04 vs 138.18 ± 64.28 (KU/mL)), and
334 arylesterase activity of PON-1 (63.1 ± 20.25 vs 81.06 ± 21.82 (U/L)) was
335 significantly different ($P < 0.05$, Figure 3). Although the activity of the
336 mentioned enzymes in PD patients was significantly lower than in controls,
337 TAC (405.6 ± 127.0 vs 272.8 ± 65.5 (μ M)), NO (30.25 ± 2.76 vs 23.27 ± 12.14
338 (μ M)), MDA (2.25 ± 1.66 vs 1.62 ± 0.24 (μ M)), and CP (1.69 ± 0.38 vs 0.78
339 ± 0.2 (nmol/mg protein)) levels were significantly higher in patients with PD
340 compared to controls ($P < 0.05$, Figure 3). Nevertheless, no notable
341 differences were found between the two groups regarding GPx3 activity
342 (32.78 ± 8.45 vs 31.33 ± 10.32 (U/L)) ($P > 0.05$, Figure 3).

343 ***3.4. The Correlation Between Serum Levels of OCPs and Biochemical*** 344 ***Factors***

345 The current study analyzed the correlation between OCPs levels and studied
346 biochemical indices, including MDA, SOD3, PON1, and GPx3. The findings
347 indicated that SOD3 exhibits a negative association with 4,4 DDE ($r = -0.486$;
348 $P = 0.008$), 2,4 DDT ($r = -0.529$; $P = 0.003$), and NO ($r = -0.616$; $P < 0.001$).
349 In addition, 2,4 DDE demonstrated a positive correlation with the PDQ39
350 score ($r = 0.443$; $P = 0.016$). Furthermore, NO represented a direct
351 correlation with 2,4 DDT ($r = 0.412$; $P = 0.026$) and a negative correlation
352 with TAC ($r = -0.436$; $P = 0.018$). Additionally, 4,4 DDT was inversely related
353 to PON1 ($r = -0.417$; $P = 0.025$) (Table 2).

354 **5. Discussion**

355 PD is a chronic neurodegenerative disease characterized by the degeneration
356 of dopaminergic neurons within the substantia nigra pars compacta. While
357 the exact cause of neuronal loss remains elusive, several genetic and
358 environmental factors are believed to contribute to its development (23).
359 Among the environmental factors, pesticide exposure has emerged as a
360 potential risk to PD progression. These chemicals are widely utilized to
361 mitigate pests, combat crop diseases, and enhance agricultural yield (24).
362 Exposure to pesticides and subsequent possible damage to human health may
363 occur through various routes, such as inhalation (the act of breathing in air
364 contaminated with pesticides), dermal contact (direct interaction with
365 pesticide-treated surfaces), oral ingestion (consuming contaminated food,
366 and water, or improper hygiene practices), occupational exposure, and
367 environmental exposure (25). It is widely accepted that pesticide exposure is
368 crucially related to chronic and acute disorders such as cardiovascular
369 disease, type 2 diabetes, and neuro-related diseases (5, 26). OCPs, as illegal
370 chemicals (despite the fact that the use of OCPs has been banned for many
371 years, but they are still one of the most problematic poisons in many societies
372 due to their high stability in the environment and possible abuses), and OPPs
373 (as pesticides that are widely used in various cases all over the world), are
374 among the most common pesticides that cause various toxicities to humans
375 and other organisms despite their high efficiency (27).

376 OCPs are lipophilic compounds with a long half-life and slow metabolism;
377 hence, they can accumulate for a long time in adipose tissues and move
378 between these tissues and body fluids such as plasma (28). Importantly, in
379 living organisms, the production of dichlorodiphenyldichloroethylene (DDE)
380 is facilitated by the enzyme cytochrome P450 through the reduction reactions
381 on DDT (29). The results of the current study exhibited that individuals
382 diagnosed with PD had elevated concentrations of OCPs, including 2,4-DDT,
383 4,4-DDT, 2,4-DDE, 4,4-DDE, α -HCH, β -HCH, and γ -HCH, in comparison to the
384 control group. Moreover, there was a negative correlation between 4,4-DDT
385 and the PDQ39 score that may suggest that further exposure to OCPs
386 accelerates the progression of the disease. Previous studies revealed that
387 levels of OCPs, such as α HCH, β -HCH, γ -HCH, δ -HCH, propanil, heptachlor,
388 dieldrin, hexachlorobenzene, 4,4 DDT, and o,p'-dichloro-diphenyl-
389 trichloroethane, were higher in PD patients than in the control group (24).
390 Notably, the observed elevation in dieldrin concentrations may potentially be
391 associated with alterations in dopaminergic response (30).

392 The evaluation of AChE and PON-1 enzyme activity unveiled a significant
393 decrease in the activity of these enzymes in PD patients when compared to
394 the control group. AChE serves as an enzymatic catalyst for the degradation
395 of acetylcholine at nerve terminals. The presence of OPPs can irreversibly
396 impede enzyme action, resulting in the accumulation of acetylcholine,
397 interference with neural networks, and subsequent consequences (5). The
398 decline in AChE activity indicated in the current study strongly implies an

399 elevated exposure to OPPs within the aforementioned population. Similarly,
400 Kumar *et al.* have made a noteworthy discovery regarding the reduced
401 activity of this particular enzyme and the development of non-communicable
402 diseases such as PD, obesity, and AD (31). PON-1 represents antioxidative
403 properties and is a calcium-dependent enzyme that circulates in the
404 bloodstream, predominantly bound to HDL. It exhibits various activities,
405 including arylesterase, paraoxonase, and lactonase (5). The current findings
406 revealed reduced activity of PON-1 in patients with PD, and this reduction
407 was correlated to exposure to OPPs and 4,4 DDT, which in turn may indicate
408 the mixed exposure of PD patients to OCPs and OPPs. Concordantly, it has
409 been suggested that decreased activity of the aforementioned enzyme in
410 patients with PD could serve as a valuable biomarker to assess the state of
411 the disease and predict the prognosis (32). Moreover, a reduction in enzyme
412 activity can lead to the accumulation of OPPs, exacerbating OS and ultimately
413 elevating the susceptibility to neurodegenerative disorders like PD (32, 33).

414 A variety of enzymatic and non-enzymatic oxidative-related indicators were
415 assessed in the current study in order to elucidate the oxidative status of
416 patients with PD. The present findings revealed that NO levels increased
417 considerably in patients with PD compared to the control group. Moreover,
418 NO showed a positive correlation with 2,4 DDT. These findings are consistent
419 with prior research indicating that serum NO levels and inflammatory
420 response are elevated in PD patients (34, 35). It is also noteworthy that the
421 results of Santos-Lobato's study revealed an increase in the NO ratio in

422 CSF/plasma, which could indicate that the brain generates even more NO
423 than peripheral tissues (36).

424 In addition, this study showed that MDA and CP levels were significantly
425 higher in the patient group than in the control group. Carbonylation is an
426 irreversible process and one of the most common post-translational
427 modifications of proteins, which can be induced by both non-oxidative and
428 oxidative agents. The increment in protein carbonylation is a sign of OS and
429 can interfere with the normal function of proteins (37). Consistent with
430 previous research (38), the present study found that protein carbonylation is
431 increased in PD, which may have occurred following exposure to pesticides
432 (39). The escalation of OS could also lead to lipid peroxidation and an elevate
433 in its end-products, such as MDA. It has been established that exposure to
434 pesticides can augment MDA levels by triggering OS (40). The present study
435 found that MDA levels were significantly higher in the patient group than in
436 the control, suggesting that these patients may have been exposed to
437 pesticides. Concerning this matter, previous studies have reported both
438 increased (41) and unchanged (42) MDA levels in people with PD compared
439 to controls.

440 Assessment of antioxidant enzyme activity demonstrated a notable decrease
441 in SOD3 and CAT activity in the patient group compared to the control group;
442 however, GPx3 activity did not differ significantly when the two groups were
443 compared. SOD3 catalyzes superoxide radicals, thereby contributing to the
444 reduction of OS and inflammation (14). It has been documented that exposure

445 to pesticides can decrease the activity of this enzyme and subsequently lead
446 to induce OS and inflammation (43). As the results of this study showed, there
447 is an inverse correlation between SOD3 activity and the levels of 2,4 DDT and
448 4,4 DDE, which represents that the level of enzyme activity has decreased
449 with increasing exposure to these pesticides. Consistently, it has been
450 established that SOD activity is significantly decreased in PD patients (44).
451 Interestingly, Zhang's study found that decreased SOD activity after a mild
452 acute ischemic stroke can lead to cognitive impairment, which underscores
453 the critical role of this enzyme in the functioning of the nervous system (45).
454 CAT, in cooperation with GPx3, functions in mitigating hydrogen peroxide
455 levels and detoxifying a variety of peroxides (14). Several studies have
456 investigated the impact of pesticides on CAT activity and gene expression.
457 Some of these studies have shown that exposure to certain pesticides can
458 decrease CAT activity and even expression (46). Moreover, enhanced CAT
459 activity can serve as a protective measure against the detrimental impact of
460 ROS induced by paraquat on the body (47). Moreover, a reduction in CAT
461 activity has been observed in diseases such as PD. However, there is a
462 divergence of views on the mechanism by which CAT activity decreases in
463 PD. For instance, Yakunin *et al.* suggested that the increased accumulation
464 of α -synuclein in PD, through the suppression of peroxisome proliferator-
465 activated receptor γ (PPAR γ) transcription activity, is implicated in the
466 diminished expression of CAT as well as the escalated level of OS (48).
467 Clarifying this issue and obtaining a definitive result requires more research

468 in this field to correctly show the cause of the decrease in CAT activity.
469 Regarding GPx3, a variety of findings have emerged, suggesting that this
470 enzyme's function may either increase (42) or decrease (49) in individuals
471 with PD as compared to a control group. Although pesticide exposure could
472 potentially lower enzyme function (14), it's important to note that the gene
473 expression of these enzymes might have heightened as a protective
474 mechanism to offset reduced activity (50).

475 TAC denotes the serum's ability to neutralize oxidants and free radicals,
476 which are influenced by a range of factors such as thiols, vitamin C, vitamin
477 E, uric acid, and bilirubin (51). Pesticide exposure can reduce TAC by
478 triggering OS and decreasing antioxidant enzyme activity (14). Conversely, a
479 study conducted in 2018 showed that prolonged exposure of farmers to a
480 combination of pesticides might augment TAC as a compensatory or adaptive
481 mechanism (52). The findings of this investigation demonstrated that despite
482 the escalation of pesticide exposure and the decline of certain antioxidant
483 enzymes, the level of TAC in patients with PD increased significantly
484 compared to the control group. This may suggest that the administration of
485 medications such as L-dopa and supplements such as vitamin C, E, etc., which
486 are commonly prescribed to PD patients, contributes to the increase in TAC
487 levels (53, 54). Nevertheless, it is imperative to note that a comprehensive
488 understanding of this issue necessitates further research, as some studies
489 have reported reduced TAC levels in PD (32, 55).

490 **Conclusion:** The findings from this investigation revealed a marked increase
491 in the average concentrations of all examined OCPs among PD patients, as
492 compared to the control group consisting of healthy individuals. Moreover, it
493 has been observed that the presence of OPPs significantly reduces the
494 activities of AChE and PON-1 enzymes. In the context of this matter, exposure
495 to OPPs and OCPs leads to detrimental impacts on OS parameters. Overall,
496 the research findings suggest that exposure to pesticides could potentially
497 contribute to the escalating risk of developing Parkinson's disease.

498

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509 **Authors' contributions:**

510

511 **Ali Samareh:** Investigation, Methodology, Writing- original draft.

512 **Gholamreza Asadikaram:** Supervision, Conceptualization, Methodology,
513 Writing-Review and Editing.

514 **Hossain-Ali Ebrahimi:** Resources, data curation, and scientific support.

515 **Mohammad Hadi Nemtollahi:** Writing-Review and Editing.

516 **Hossein pourghadamyari:** Writing-Review and Editing.

517 **Mohammad Erfan Norouzmahani:** Investigation

518 All authors have approved the final version of the manuscript.

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520 Committee of Kerman University of Medical Sciences (Ethics code:
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522 enrolling in the study.

523 ***Consent to participate:*** Informed consent was obtained from all individual
524 participants included in the study.

525 ***Consent for publication:*** Consent for publication was obtained.

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715 **Tables**

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Table 1. Demographic, clinical, and other selected baseline characteristics of the patients with Parkinson's disease and the control group.

Parameters	Group	Patient (N=29)	Controls (N=51)	P-value
<i>Age (year)</i>	Female	73.8 ± 10.6	61.16 ± 5.5	0.002
	Male	65.11 ± 10.16	65.94 ± 9.4	0.571
	Total	68.10 ± 10.8	64.16 ± 8.4	0.13
<i>Gender</i>	Female	10 (34.5%)	19 (37.3%)	0.804
	Male	19 (65.5%)	32 (62.7%)	
<i>BMI (kg/m²)</i>	Female	24.19 ± 5.88	25.05 ± 1.91	0.557
	Male	24.92 ± 4.65	24.85 ± 1.7	0.937
	Total	24.67 ± 5.02	24.92 ± 1.76	0.739
<i>Level of education</i>	High school or less	16 (55.2%)	35 (68.6%)	0.229
	Greater than highschool	13 (44.8%)	16 (31.4%)	
<i>Agriculture precedent</i>	Yes	9 (31%)	20 (39.2%)	0.464
	No	20 (69%)	31 (60.8%)	
<i>Residence</i>	North of Kerman	18 (62.1%)	16 (31.4%)	0.008*
	South of Kerman	11 (37.9%)	35 (68.6%)	
<i>Biochemical profile</i>	ALT (U/L)	25.45 ± 9.75	27.43 ± 9.29	0.266
	AST (U/L)	32.24 ± 9.45	33.37 ± 5.59	0.37
	TP (g/dl)	5.93 ± 0.4	5.87 ± 0.34	0.467
	Cr (mg/dl)	1.35 ± 0.57	1.29 ± 0.41	0.763
	TG (mg/dl)	96.21 ± 40.65	98.61 ± 28.32	0.26
	TC (mg/dl)	160.55 ± 36.5	157.75 ± 29.2	0.806
	HDL-c (mg/dl)	42.45 ± 4.43	42.7 ± 2.89	0.636
	LDL-c (mg/dl)	98.86 ± 37.81	95.3 ± 30.44	0.76
<i>Family history</i>	Yes	6	N/A	
	No	23		
<i>Duration of PD (month)</i>	Female	30 ± 18.97	N/A	
	Male	18.95 ± 24.63		
	Total	22.76 ± 23.11		
<i>PD medications</i>	No	9	N/A	
	Under 2 years	14		
	More than 2 years	6		
<i>UPDR IV</i>	Female	10.1 ± 3.11	N/A	
	Male	6.74 ± 3.5		
	Total	7.89 ± 3.69		
<i>PDQ39</i>	Female	14 ± 4.1	N/A	
	Male	12.3 ± 9.4		

H&Ym	Total	12.89 ± 7.92	
	Female	2.25 ± 0.9	
	Male	1.76 ± 0.61	N/A
	Total	1.93 ± 0.74	
Beck	Minimal depression	24	
	Mild depression	3	
	Moderate depression	1	N/A
	Severe depression	1	

719 Data are expressed as numbers of individuals or means ± SD and
720 comparisons were made by the Chi-square test or Student's-sample t-test and
721 Mann-Whitney U test, respectively; N: Overall participants; *: A significant
722 difference ($P < 0.05$); P -value demonstrates the difference between the patient
723 group and the control group; BMI: body mass index; ALT: Alanine
724 Aminotransferase; AST: Aspartate Aminotransferase; TP: Total Protein; Cr;
725 Creatinine TG: triglycerides; TC: Total Cholesterol; HDL: high-density
726 lipoprotein; LDL: low-density lipoprotein; PD: Parkinson's Disease; UPDR:
727 Unified Parkinson's Disease Rating Scale; PDQ39: Parkinson's Disease
728 Questionnaire; H&Ym: Modified Hoehn and Yahr Scale; Beck: Beck
729 Depression Inventory.

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745 **Table 2. The overall correlation between the studied parameters in**
746 **the patient group.**

Par	T	C	S	G	C	M	N	P	A	α	β-	γ-	2,	4,	2,	4,	P
am	A	A	O	P	P	D	O	O	C	-	H	H	4-	4-	4-	4-	D
	C	T				A				H	H	H	D	D	D	D	Q

<i>ete</i>			<i>D</i>	<i>x</i>			<i>N</i>	<i>h</i>	<i>C</i>	<i>C</i>	<i>C</i>	<i>D</i>	<i>D</i>	<i>D</i>	<i>D</i>	<i>3</i>	
<i>r</i>			<i>3</i>	<i>3</i>			<i>-1</i>	<i>E</i>	<i>H</i>	<i>H</i>	<i>H</i>	<i>E</i>	<i>E</i>	<i>T</i>	<i>T</i>	<i>9</i>	
<i>TA</i>	1	0.106	0.313	-0.197	-0.051	-0.124	-.436*	-0.033	0.101	-0.127	0.216	0.233	0.132	0.027	-0.035	0.215	0.037
<i>CA</i>		1	-0.074	-0.028	-0.029	-0.055	-0.104	0.124	-0.305	0.218	-0.043	-0.036	-0.028	-0.022	0.056	0.107	
<i>SO</i>			1	-0.166	0.243	0.076	-.616*	0.047	-0.126	0.110	0.059	0.121	-.486*	-.529*	0.024	-0.253	
<i>GP</i>				1	0.176	0.081	0.119	0.155	-0.107	-0.006	0.139	0.041	0.078	0.079	-0.082	-0.312	
<i>CP</i>					1	-0.313	-0.288	-0.222	0.070	0.092	0.332	0.297	-0.160	-0.137	0.158	-0.272	
<i>M</i>						1	0.060	0.209	-0.011	0.341	-0.193	-0.132	-0.036	-0.088	-0.065	-0.019	
<i>NO</i>							1	0.286	0.233	0.073	-0.253	-0.514	0.274	.412*	-0.392	0.170	
<i>PO</i>								1	0.106	0.309	-0.200	0.343	0.079	-0.082	-0.016	-.417*	-0.042
<i>AC</i>									1	0.083	0.088	-0.266	-0.218	-0.247	-0.282	0.016	

<i>α- HC H</i>										1	0.073	0.042	-0.135	-0.294	-0.266	-.445	-0.319
<i>β- HC H</i>											1	.458	-0.064	0.163	-0.118	0.115	-0.068
<i>γ- HC H</i>												1	0.123	0.143	0.064	.457	-0.221
<i>2,4 - DD E</i>													1	0.286	.438	0.094	.443*
<i>4,4 - DD E</i>														1	.820	0.331	0.056
<i>2,4 - DD T</i>															1	0.290	0.195
<i>4,4 - DD T</i>																1	0.210
<i>PD Q3 9</i>																	1

747

748 *. Spearman correlation is significant at the 0.05 level (2-tailed).

749 **. Spearman correlation is significant at the 0.01 level (2-tailed).

750 Eta co-efficient was used nominal variable. Adjusted for, AChE, PON1, SOD3,

751 GPx3, CAT, MDA, TAC, NO, PC, α-HCH, β-HCH, γ-HCH, 2,4 DDE, 4, 4 DDE,

752 2, 4 DDT, 4, 4 DDT, PDQ39.

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754

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756

757 **Figure legends**

758 **Figure 1: The serum levels of OCPs were measured by the GC.** The
759 figure demonstrates an example chromatograph of controls (A) and patients
760 (B) to reveal the appropriate performance of the used GC method, as well as
761 a presentation of higher levels of OCPs in patients with PD. a-HCH: α -
762 Hexachlorocyclohexane; b-HCH: β -Hexachlorocyclohexane; 2,4-DDE: 2,4-
763 Dichlorodiphenyldichloroethylene; 4,4-DDE: 4,4-
764 Dichlorodiphenyldichloroethylene; 2,4-DDT: 2,4-
765 Dichlorodiphenyltrichloroethane; 4,4-DDT: 4,4-
766 Dichlorodiphenyltrichloroethane.

767

768 **Figure 2: The serum levels of the studied OCPs in patients with PD**
769 **compared to controls.** The scatter chart compares the serum levels of OCPs
770 in patients to the control group (C). As the figure represents, all seven OCPs
771 were significantly higher in the patients compared to the control group.
772 OCPs: Organochlorine pesticides; alpha-HCH: α -Hexachlorocyclohexane;
773 beta-HCH: β -Hexachlorocyclohexane; gamma-HCH: γ -
774 Hexachlorocyclohexane; 2,4-DDE: 2,4-Dichlorodiphenyldichloroethylene;
775 4,4-DDE: 4,4-Dichlorodiphenyldichloroethylene; 2,4-DDT: 2,4-
776 Dichlorodiphenyltrichloroethane; 4,4-DDT: 4,4-
777 Dichlorodiphenyltrichloroethane.

778

779 **Figure 3: The comparison of biochemical factors between patients**
780 **with PD and controls.** The charts compare some oxidative stress factors
781 between patients and controls. The activity of AChE, PON-1, CAT, and SOD3
782 enzymes in patients was significantly lower than in controls, whereas the
783 levels of MDA, TAC, CP, and NO in patients were remarkably higher when
784 compared to controls; There was no difference between the two groups
785 regarding GPx3 activity. A: AChE activity. B: MDA serum levels. C: Serum
786 levels of TAC. D: PON-1 arylesterase activity. E: CAT activity. F: SOD3
787 activity. G: GPx3 activity. H: CP serum levels. I: NO serum levels. AChE:
788 Acetylcholinesterase; MDA: Malondialdehyde; TAC: Total antioxidant
789 capacity; PON-1: Paraoxonase-1; CAT: Catalase; SOD: Superoxide dismutase;
790 GPx: Glutathione peroxidase; CP: Carbonyl protein; NO: Nitric oxide.

791

Figures



Figure 1



Figure 2



Figure 3